

Yangon

travel information



Volume 12 Issue 5

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Green line on the map suggests a DOWNTOWN WALKING TOUR:
 Distance: 3.4 km
 Time needed: ~2 hours
 Coverage: center-point of Yangon, colonial heritage buildings, chinatown, market places, etc.

Information	Restaurants	Hotels	Entertainment	Shopping	Taxi
					
Airlines	Museum	Police	Phrases	Embassies	Hospitals
					

YANGON'S TOP 10 TOURIST ATTRACTIONS



01



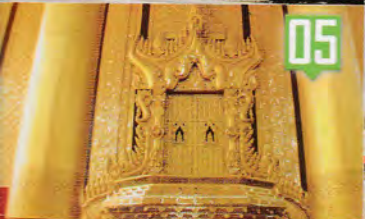
02



03



04



05



06



07



08



09



10

YANGON TRAVEL INFORMATION



Welcome to Yangon! This was once the administrative capital, now the commercial capital of Myanmar, with evergreen and cool with lush tropical trees, shady parks and beautiful lakes. Yangon once earned the name, "Garden City of the East". Founded in 1755 by King Alaungpaya of Third Myanmar Empire, and was named Yangon as a sign of peace, which literally means "no more enemies or dangers". Well, if one wants to make peace and stop fights or wars, come to Yangon.

Myanmar, British, Chinese and Indians had mixed influences over its colonial architecture, which is almost unique for today's world. You may feel like you are on a time-travel journey to a 19th-century British colonial town. Even today, Yangon resembles a city of the past, as seen by its longyi-wearing, dracula-looking betel-chewers, spitting pedestrians, their friendly or even familial attitude towards strangers, street-vendors and pungent smells.

Please keep this small booklet with you, as our partners will give you discount or FREE gifts, when you show this booklet when shopping or dining out. Good luck! Have fun traveling around Myanmar!

**TOURIST HELP LINE:
FOR INQUIRIES, COMPLAINTS, OR
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- 48 Phrases

TOP TOURIST ATTRACTIONS IN YANGON

01 Shwedagon Pagoda (ရွှေတိဂုံဘုရား) [8000 Ks]  
 Being the largest golden monument on earth with 99 meters in height, Shwedagon Pagoda is the country's biggest tourist attraction, built approximately 2500 years ago. You may need 3 full hours to tour around Shwedagon. US President Barack Obama visited there in 2012. He endorsed visitors will be moved by the timeless idea of faith and love. Bygone kings and queens of Myanmar donated gold of their own weight to this golden stupa. The world's largest bell used to be here, before it was robbed and stolen. You will find that words cannot describe its beauty enough.

MAP ON Pg.24

02 Sule, Center Point of Yangon (မြို့တော်ခန်းမ)
 Sule Roundabout and Sule Pagoda is officially recognized as the official center point of original British Rangoon. All of the nation's distance measurement starts from this zero-point. Yangon Mayor's office (the City Hall) and Emanuel Baptist Church (built in 1885) are located next to it. After Myanmar got independence from Great Britain in 1948, Independence Monument was built in the park, right in front of the City Hall. Myanmar architect Sithu U Tin designed this beautiful structure in 1925 and opened up a new era in secular Myanmar architecture.

PHOTO ON Front Cover Inside

03 Downtown walking tour (ဆူးလေရေခိုလှည့်ချုပ်ချေး)
 Roughly a 2-hour walking tour (Please see the zoomed-in map on front cover.) is suggested to start at Sule Pagoda, earlier in the mornings to avoid hot afternoons. This walking tour will take you around a series of colonial heritage buildings, market places, and also Chinese and Indian neighborhoods. You will also set your foot on the oldest road in Yangon, called Shwedagon Pagoda road, which stretches from sea port to the Shwedagon Hill. One will come to understand the Yangonese life-style, along with tons of photo-opportunities. This tour will end at Bogyoke Aung San Market.

MAP ON Pg.24

04 Bogyoke Aung San Market (ဗိုလ်ချုပ်ဆေး)
 This day-time colonial shopping mall, built in 1926, is a one-stop bargain-hunt from 1,120 shops of souvenirs, local woven cotton clothing, paintings, artifacts, handicrafts, or even jewelries.

PHOTO ON FCI





05 National Museum (အမျိုးသားပြတိုက်) [5000 Ks]  
 This museum houses the famous Lion Throne of the last Myanmar dynasty. This probably would be the grandest throne in the world of monarchs, when you simply compare it with those thrones of Egyptian Pharaoh or Chinese Emperors. It also exhibits the treasures of the third Myanmar Empire. Royal regalia are displayed including the golden shoe of Myanmar kings to ceremonial suits of ministers and generals 2 centuries ago.

PHOTO ON Front Cover Inside

TOURIST ATTRACTIONS IN YANGON

06 Yangon Circular Train (မြို့ပတ်ရထား) [200/400 Ks]  
 150 years ago, British superintendent surgeon Dr. William Montgomerie designed this city-grid with a circular train-track, even to go to airport by train from downtown. (But not possible today.) This is a slow moving train, taking about 3 hours for the whole 45km 38-stop loop, which is fun because of the people that take it. Quite often, ordinary-class workers and street vendors fills up the train, going loop around suburbs the city.

MAP ON Pg.24







07 Chauk Htat Kyi Buddha (ခြောက်ထပ်ကြီးဘုရား)  
 Visiting this reclining giant Buddha is an impressive sight. Chauk Htat Kyi literally means '6-storey' in Myanmar language. Length from head to toe is even greater than Statue of Liberty in New York. The statue's porcelain face is punctuated by expressive large eyes. Most visitors find it interesting about the decorated foot-prints at the far end. Just the opposite of road is Ngahtatkyi Buddha (ငါးထပ်ကြီးဘုရား), where you will find one of the most unique version of Buddha, seated and wearing a highly decorated armour. It is a less visited, but more enjoyable place.

PHOTO ON Front Cover Inside

08 Botahtaung Pagoda (ဗိုလ်တထောင်ဘုရား) [US\$3]  
 Located on the Strand Road, unique Botahtaung Pagoda has impressively gilded maze-like interior walkway, with relicts of Buddha. This definitely is worth a visit. In conjunction with interesting river front, there is a lively market, leading up to the river shore and ferry landings. It is a an area worth to explore. A coffee or ice-cream break at the classic Strand Hotel nearby would be a good choice.

MAP ON Pg.24

09 Myanmar Orchestra at Karaweik Palace (ကရဝိတ်)  
 The complete Myanmar orchestra consists of 13 different musical instruments, totally different from the western orchestra. This is the only place in town, where you can go see a cultural show in the evenings. [30,000 kyats for an international buffet dinner] Great for a photo opportunity, but take a good flash for your camera. Karaweik, the hall that houses the performance and a dining hall, is another unique landmark of Yangon, in the shape of 2 huge mythical birds. Such royal barges were once dedicated only to be used for Kings, in the olden days. Get a royal experience, riding and dining on the royal barge.

MAP ON Pg.24



10 Allied War Memorial Cemetery (သောင်ကြွေစစ်သမိုင်း)  
 Very well-kept, beautiful, and classically-designed park and a war memorial, with over 6000 graves and a memorial to 27000 soldiers of the Allied Forces. Commonwealth visitors should not miss this. A very moving reflection of war history of mankind. Not overrun by tourists and vendors. This will be a convenient stop, if you visit Bago, capital of the second Myanmar Empire (AD 1364-1752).

PHOTO ON Front Cover Inside

i TOURIST ATTRACTIONS NEAR YANGON



type: cultural
distance: 130.48 miles



type: beach
distance: 152 miles



type: cultural
distance: ~78.8 miles



type: eco-tourism
distance: ~204 miles



type: cultural
distance: 30 miles

KYAIKHTIYO

(driving distance: ~3 hr 12min)
Kyaikhtiyo Pagoda (The Golden Rock) is a living miracle, precariously perched on the edge of a sloppy cliff. It was said to be floating miraculously up in the air, carrying holy Buddha relics on top. It is a myth and a popular belief that one will gain more wealth, better health and luck every time he or she visits the miracle pagoda.

NGWESAUNG BEACH

(~3hr 36min)
Ngwe Saung Beach (meaning silver beach) is on western coast on the Bay of Bengal, nearly directly west of Yangon. Hotels were built among thousands of coconut trees. Like Ngapali Beach, the beauty of the beach is unspoiled and visitors can enjoy a peaceful and relaxing holiday.

BAGO

(driving distance: ~1hr 49min)
Bago (Hantharwady) was capital of 2nd Myanmar Empire, founded in 573 AD. Kanbawzathadi Palace built for King Bayinnaung in 1556, originally consisted of 76 apartments and halls, is amazingly beautiful. The gigantic Shwe Tharyauya Buddha, 55 metres in length, is the second largest Buddha image on earth.

ELEPHANT CAMP

(distance ~5 hours)
Pho Kyar Elephant Camp is an ideal eco-tourism spot, only 5 hours away from Yangon. Located near Thargaya, century-old teak trees are a wonder for tourists. Seasonal flowers, baby elephants, wild orchids, singing tropical birds and playing with elephants will surely bring you pleasure of nature.

TWANTE POTTERY

(~1 hour)
Twante is a township in the Yangon Region, across the Hlaing River, at southwest Yangon. Time-travel to the rural way of life and visit a traditional pottery workshop, where the methods have remained the same for generations, probably centuries. It is also known for the man-made Twante Canal, connecting Yangon and the Ayeyarwaddy delta region.

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RESTAURANTS IN YANGON



European	Chinese	Japanese	Korea	Indian	Thai	Myanmar			
✓	✓			✓			365 Restaurant ☎ 01-243 047 Thamada Hotel, No.5 Signal Pagoda Rd,	📶	🕒
✓	✓			✓			Coffee Circles ☎ 01-525 157 107(A), Dhamma Zedi Road, Kamayut Tsp.	🎵	🕒
✓	✓			✓			Feel ☎ 01-210 678 1st Floor, Danathiha Centre, Lanmadaw Tsp.	📶	🕒
✓				✓			La Maison 20 ☎ 01-664 204 No.20, Kabaray Pagoda Rd, Yankin Tsp.		🕒
✓	✓			✓			Signature ☎ 01 543 387 Kominkochin Road, Kandawgyi Lake.	📶	🕒
✓	✓			✓			Jasper House ☎ 09-517 2589 54, Ahlone Street, Dagon Tsp.	📶	🕒
✓				✓			Black Canyon ☎ 09-421 040512 330, Ahlone Road, Dagon Tsp.	📶	🕒
✓							Le Planteur ☎ 01-541 997 22, Kabaray Pagoda Road, Bahan Tsp.	📶	🕒
✓							Water Library ☎ 01-221 721 83/95 Cor of Manawhari & Pyay Rd, Dagon Tsp.		🕒
✓				✓			Marvelous Cafe & Rest ☎ 09-504 8816 23, G-6, Kan Pat Rd, Mingalar Taung Nyunt Tsp.		🕒
✓							Zawgyi House ☎ 09-361 13862 No.5, U Tun Nyein St. Mayangone Tsp.	📶	🕒
✓							Coffee Corner ☎ 01-650 471 Yangon International Airport, Mingalardon Tsp.	📶	🕒
✓							Lotteria (Hamburger) ☎ 01-525 947 Junction Square Super Market.	📶	🕒
✓							L'Opera ☎ 01-665 516 No. 62, U Htin Nyein Street, Mayangone Tsp.	📶	🎵
✓							Vino di Zanotti ☎ 01-525 935 61, University Avenue Road, Bahan Tsp.	📶	🕒
✓							Union Bar and Grill ☎ 09-420 101854 No. 42, Strand Road, Botahtaung Tsp.	📶	🕒
✓	✓			✓			Nooch Restaurant & Bar ☎ 01-378 166 387, Upper Shwe Bon Thar Rd, Pabedan Tsp.		🕒
	✓						Gekko ☎ 01-286 986 535, Merchant Street, Kyauktada Tsp.	📶	🕒
	✓	✓	✓				Korean Restaurant ☎ 01-214 003 Mingalar San Pya Cineplex, Lanmadaw Tsp.		🕒
	✓						House of Singapore ☎ 09-30 258 388 (UBC) Annex B, Nat Mauk Road, Bahan Tsp.		🕒
	✓						FURUSATO ☎ 01-556 265 137, West Shwegondine Road, Bahan Tsp.	📶	🕒
	✓						Mondo Japanese ☎ 01-252 261 26(B), Yaw Min Gyi Street, Dagon Tsp.	📶	🕒
	✓	✓					Tomo Sushi ☎ 01-251 302 702, Maharbandoola Street, Latha Tsp.		🕒
	✓						The Seoul Korean ☎ 09-492 84 888 142 Parami Road, Mayangone Tsp.		🕒
	✓						Arirang Restaurant ☎ 09-493 35172 Thiri Mingalar St, Kamayut Tsp.		🕒
	✓						Titus Indian Banana Leaf ☎ 09-3025 8377 235, Ground floor, 32nd Street, Dagon Tsp.		🕒
				✓			The Corriander Leaf ☎ 01-293 006 12, Yangon International Hotel, Dagon Tsp.	📶	🕒
				✓			Danu Phyu Daw Saw Yee ☎ 01-248977 175/177, 29th Street, Pabedan Tsp.		🕒
				✓			Taing Yin Thar ☎ 01-660 792 Con: of May Kha Rd, Parami Rd, Mayangone Tsp.	📶	🕒

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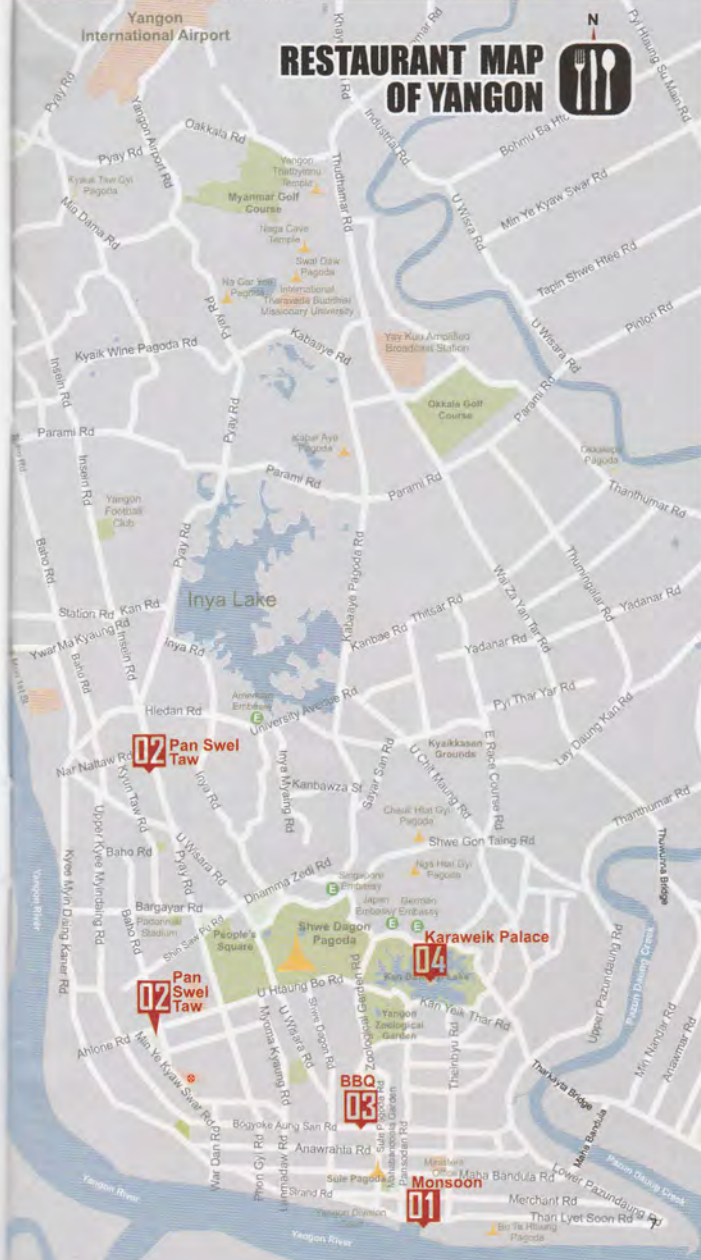
- 01 Monsoon** (မုခ်ဆွဲနိုး) ☎01-295 224
No. 85-87, Theinbyu Road, Botataung Tsp.
<http://monsoonmyanmar.com> 📶🕒🕒🕒 ✓✓
- 02 Pansweltau** (ပန်ဆွဲတောင်) ☎09-730-99114
U Wisara Rd, Inside People's Park & People's Square, Myanmar Culture Valley Shopping Center 📶🕒🕒 ✓✓ ✓✓
- 03 BBQ** (ဘီဘီကွ) ☎01-388981
Bogyoke Aung San Road & Corner of 31st street
<http://bbq.com.mm> 📶🕒🕒🕒 ✓✓ ✓✓
- 04 Karaweik Palace** (ကရဝေိတ်ပိလေ့ဒ်) ☎01-290 547
Kandawgyi Compound, MingalarTaungNyunt Tsp.
www.karaweikpalace.com 📶🕒🕒🕒 ✓✓✓✓✓✓✓✓

RECOMMENDED

SEE MAP ON PAGE 7

- Aux Saisons Restaurant** ☎01-661 125
31, A, Kan Yeik Thar Street, Mayangone Tsp. 📶🕒🕒 ✓
- ACACIA TEA SALON** ☎01-554 739
52, Saya San Road, Bahan Tsp. 📶🕒🕒 ✓
- Thiripitsaya Sky Bistro** ☎01-255277
339, Bogyoke Aung San Road, Sakura Tower 📶🕒🕒 ✓ ✓✓✓✓
- Fuji Coffee House** ☎01-535 371
No. 116, University Avenue Road, Kamaryut Tsp. 📶🕒🕒 ✓✓✓✓ ✓
- Eugenia Café** ☎01-227 346
E 101/102, Manawhari Yeik Thar, Baho Rd, Ahlone. 📶🕒🕒 ✓✓ ✓
- 50th street** ☎01-397 060
9/13, 50th Street, Botataung Tsp. 🎵📶🕒🕒 ✓
- Blue Oasis** ☎01-523 840
430 A, Cor. of Dhanazedi Rd 📶🕒🕒 ✓
- Shwe Li** ☎01-535 394
No. 485, Cor. of Pyay Rd & Narnattaw Rd. 📶🕒 ✓
- House of Memories** ☎01-525195
No. 290, U Wizara Road, Kamaryut Tsp. 📶🕒 ✓ ✓✓✓
- 113 Restaurant & Takeaway** ☎09 4211 49469
113 Ground Floor, Boywe Street, Latha Tsp. 📶🕒 ✓ ✓
- NACHA** ☎09-450013761
No.85, Shin Saw Pu Road, Sanchaung Tsp. 📶🕒 ✓
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33, Kyaik Waing Pagoda Rd, Mayangone Tsp. 📶🕒 ✓ ✓✓✓
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Kandawgyi Park, Mingalar Taungnyunt Tsp. 📶🕒 ✓ ✓
- Bangkok Kitchen** ☎09- 730 13 732
Opposite Chatrium Hotel, Natmauk Street 📶🕒 ✓
- Ten Mile** ☎01-660417
No.145, Pyay Rd, 10 mile Mayangone Tsp. 📶🕒 ✓ ✓
- Sabai Sabai** ☎01-525078
232, Dhama Zedi Road, Yangon 📶🕒 ✓
- Padonmar** ☎09- 431 55749
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- Royal Garden** ☎01- 546 923
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- Khaing Khaing Kyaw** ☎09-515 9084
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576(D), Dhamayon Street, 6½ Miles, Hlaing Township,
Yangon, Myanmar.
Tel: (+95-1) 539924, 524014 Fax: (+95-1) 539924
Mobile: (+95-9) 73200077, 43155489, 5035181
Email: goldenpasstravel@gmail.com
www.goldenpasstravel.com, www.myanmaragency.com



Tadar Guest House

No. 278/300, (3C), Maha Bandoola Garden Street
(Bar Lan), Upper Block, Kyauktada Township,
Yangon, Myanmar.
Tel: (+95-1) 255649
Mobile: (+95-9) 5321483, 5501550

BIRMANIA ADVENTURES TRAVELS & TOURS

No. 9/11, Ground Floor, near Sanpya Clinic,
Lower Shwe Taung Tan Rd, Lanmadaw Tsp., Yangon.
Tel: (+95-9) 43096077, 5038155
Email: info@birmania-adventures.com
Website: www.birmania-adventures.com



Eden Palace Hotel

No.(356, 366), Kyaikasan Road, Tamwe Township,
Yangon, Myanmar.
Tel: (+95-1) 542826, 546672, 540401
Fax: (+95-1) 545650
Email: reservation@edenpalacehotel.com
Website: www.edenpalaceyangon.com



Wonderful Golden Land Travels & Tours

No.53-B, Room (B-3), Insein Road, Sanyeknyein,
Kamayut Township, Yangon, Myanmar.
Tel: (+95-9) 2042338, 49265424
Fax: (+95-1) 532488
Email: ntt.kbs@gmail.com
Website: www.myanmartravelerexpert.com



Treasure Travels & Tours Co., Ltd.

Kandawgyi Palace Hotel, Lake View Ground Floor,
Kanyeliktha Road, Mingalar Taung Nyunt Tsp., Yangon.
Phone: (+951) 399319, 399320, 394841
Mobile: (+959) 5014842, 5342567, 73114422, 73114466
Fax: (+951) 394841
Email: info@treasure.com.mm
Website: www.treasuremyanmar.com



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No.17, Kaba Aye Pagoda Road, Yankin Township, Yangon, Myanmar.
Tel: 951 650933 Ext: (155/156) Fax: 951 650960
E-mail: resvn@myanmar.com.mm



HERITAGE BUILDINGS in Yangon

- The Secretariat:** Theinbyu Rd
- City Hall:** Maha Bandula Rd, Sule Roundabout
- Rowe & Co Departemnt Store building:**
416 Maha Bandula Rd
- Central Telegraph Office:** 125-133 Pansodan St
- High Court:** 89-123 Pansodan St
- The Reserve Bank of India:** 24 Sule Pagoda Rd
- Banks & Commerce-related buildings:**
Merchant Rd
- The Tejoomal building:** 138 Pansodan St
- A. Scott & Co. Building:** 528 Merchant Rd
- Render House:** Corner of Pansodan & Merchant Rd
- Sofaer's Building:** 58 Pansodan St
- Irrawaddy Flotilla Company building:**
50 Pansodan St
- Grindlays Bank building:** 26 Pansodan St
- Lloyds Bank building:** 43 Pansodan St
- Chartered Bank building:** 27 Pansodan St
- Central Post Office:**
Corner of Strand Rd & Boaungkyaw Rd
- British Embassy:** 80 Strand Rd
- The Strand Hotel:** 92 Strand Rd
- Mombay Burmah Trading Corporation:**
104 Strand Rd
- Port Authority building:** Strand Rd & Pansodan St
- Currency Department building:** 1 Pansodan St
- Customs House:** 132 Strand Rd
- Police Commissioner's building:**
Corner of Strand Rd & Sule Rd
- Imperial Bank of India building:**
1-19 Sule Pagoda Rd
- Cosmopolitan Quarters:** 26th St
- Yangon General Hospital:**
Bogyoke Aung San Rd
- Burma Railways building:**
Corner of Bogyoke Rd & Sule Pagoda Rd
- Bogyoke Aung San Market:**
Bogyoke Aung San Rd
- Pegu Club:** Sagawa St
- Bogyoke Aung San Museum:**
25 Bogyoke Museum Lane
- Tomb of the Last Moghul Emperor:**
Ziwaka St, Dagon
- Maha Pathana Cave & Kaba Aye Zedi,**
Kaba Aye Pagoda Rd
- Chauk Htat Gyi Buddha:** Shwegondaing Rd
- Botahtaung Pagoda:** Strand Rd
- Sule Pagoda:** Sule Pagoda Rd
- Maha Wizara Pagoda:** Shwedagon Pagoda Rd
- Shwe Dagon Pagoda:** Shwedagon Pagoda Rd

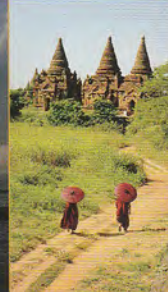
source: www.yangonheritagetrust.org

TOURIST MAP OF YANGON



TAY THI YAR

Travels & Tours, Bus Tickets and Air Tickets, Car Rental



No. 256 / 276, Maharbandoola Garden Street (Upper),
Kyauktada Township, Yangon, Myanmar.

Phone: (+95-1) 375009

Mobile: (+95-9) 493 25903, 322 19833, 254 133 676

Email: economicthida@gmail.com, nickyjian@gmail.com



ZP

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HOT LINE: 09 40 158 7272 | 09 40 158 7474

No.45T, Tay Nu Yin Street, 7 1/2th Mile, Mayangone Township, Yangon, Myanmar.

Tel: (95-1) 656525, 663115

Email: info@zenithpowertravels.com Website: www.zenithpowertravels.com



Great Feel Hotel

No.384, Wireless Lane (1), Kabaraye Pagoda Road,
Mayangone Township, Yangon, Myanmar.

Tel: (+95 1) 657933, (+95 1) 663535

Mobile: (+95 9) 508 8378

Email: greatfeelhotel@gmail.com

Website: www.greatfeelhotel.com



Green Explorer Travels

#53/55, 7th Floor (Right), 52nd Street,
Botahtaung Township, Yangon, Myanmar.

Tel/Fax: (+951) 202 816

Mobile: (+959) 501 1287

Email: sales@greenexplorertravels.com

Website: www.greenexplorertravels.com



Mother Land Inn (2)

No 433, Lower Pazundaung Road,
Yangon, Myanmar.

Tel: (+95-1) 291343, 290348

Mobile: (+95-9) 4015 34080

Email: motherlandinn2@gmail.com

Website: www.myanmarmotherlandinn.com



TRAIN SCHEDULES & RIVER CRUISES



Yangon Circular Train (45.9 km / 28.5 miles)

Tourists often get surprised to know that the country's first railway system starting from this Yangon Central Railway Station was first built in 1877. The Central Railway Station (photo: above) is still a very beautiful blend of western and Myanmar traditional architecture. These circular trains pass across most sub-urban neighborhoods of Yangon, going both ways (clockwise and anti-clockwise). Best choice to tour around Yangon in a very short time.

Schedule: almost every hour between am to pm

Duration: approximately 3 hours, passing all 39 stations

Cost: 300 kyats, for the air-conditioned train

Yangon - Bago (321.9Km) to visit to Yatanarpon Palace

Schedule: everyday approx. @ am, pm

Duration: approximately 1:45 mins

Cost: approximately 1,150 kyats per person for first class car.

Yangon - Kyaikhto (339.24Km) to visit to Golden Rock

Schedule: everyday approximately @ am, pm, pm

Duration: approximately 5 hours

Cost: approximately 2,400 kyats per person for first class car.
approximately 3,500 kyats per person for sleeper deck

Yangon - Mandalay (482.8km) to go to Mandalay Palae

Schedule: everyday approximately @ am, pm, pm

Duration: approximately 13 hours over

Cost: approximately 9,300 kyats per person for first class car.
approximately 12,750 kyats per person for sleeper deck

Contact: For inquiries, call (+95-01) 202176



RIVER CRUISES AROUND YANGON

Yangon River Cruises (approximately 8 km)

Vessel: Tayza Cruiser (size 96'x22') by IWT, Ministry of Transport

Route: from southeast Yangon to southwest Yangon and back

Boarding place: Botataung Jetty-5, Seikkan Township,

Schedules: 2 cruises per day am and pm

every Tuesday, Thursday, Saturday, Sunday

Duration: approximately 1.5 hours

Price: approximately US\$15 per person (50% for children under 12)

Dinner on board: have to be pre-arranged for a group over 10 persons

Contact: Inland Water Transport, Sales & Reservation Office,

50, Pansodan Street, Yangon. (01) 384253, 381914

email: tayzarivercruise@gmail.com

internet: <https://www.facebook.com/tayzarivercruiser>

Dala Ferry (approximately 1 km, across Yangon River)

Vessels: Kyansitthar & Tabin Shwehtee by Ministry of Transport

Route: from Yangon to Dala, across Yangon River

Boarding place: Pansodan Jetty, Seikkan Township,

Schedules: every 20 minutes between am - pm daily

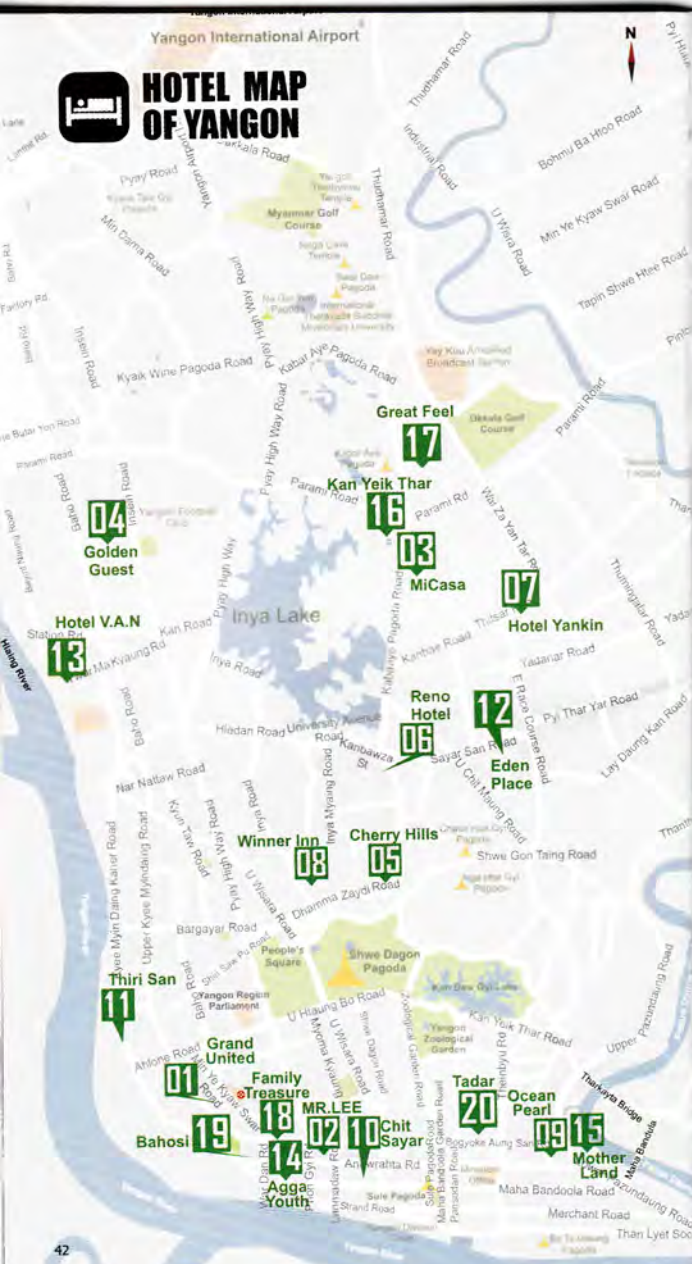
Duration: approximately 10 minutes

Price: US\$2 per person (one way)

Contact: For inquiries, call (01) 222 472



HOTEL MAP OF YANGON



HOTELS IN YANGON



RECOMMENDED

- 01 Hotel Grand United** (ဂရမ်ဂရက်စတင်) ☎ 01-218 061
 35, Min Ye Kyaw Swar Rd, Ahlone Tsp.
www.hotelgrandunited.com
- 02 MR. LEE Hotel** (မဂျစ် လီ) ☎ 01-251 069
 129, Lanmadaw Street, Lanmadaw Tsp.
www.mrleehotel.com
- 03 MiCasa** (မိုက်ဆာ) ☎ 01-650 933
 17, Kaba Aye Pagoda Road, Yankin Tsp.
www.myanmar.micasahotel.com
- 04 Golden Guest Inn** (ဂေါ့ဒင်ဂျက်စ်) ☎ 01-524 642
 182, Insein Road, 9th Quarter, Hlaing Tsp.
<http://www.goldenguestinn.com>
- 05 Cherry Hills Hotel** (ချော့ဟိလ်စ်) ☎ 01-559 722
 520/4, (A), Kabar Aye Pagoda Rd, Shwe Gone Taing, Bahan Tsp
<http://www.cherryhillshotel.com>
- 06 Reno Hotel** (ရီနို) ☎ 09-255 913800
 123, Kabar Aye Pagoda Road, Bahan Tsp.
www.renohotelmyanmar.com
- 07 Hotel Yankin** (ရီကင်) ☎ 01-855 0283
 186, Lu Nge Thitsar Street, on Thitsar Road, Yankin Tsp.
<http://www.hotelyankin.com>
- 08 Winner Inn** (ဝင်္ဂါယော) ☎ 01-535 205
 42, Than Lwin Road, Bahan Tsp.
www.winnerinnyanmar.com
- 09 Ocean Pearl Inn** (အိုရှန်းပီ) ☎ 01-296 637
 215, Botataung Pagoda Road, Pazundaung Tsp.
www.myanmarhotel-budget.com
- 10 Chit Sayar Hotel** (ချစ်ဇရာ) ☎ 01-242 094
 646, Mahabandoola Rd, Bet 21st & 22nd Street, Latha Tsp.
www.chitsayarhotel.com
- 11 Thiri San Motel** (ဒီရီဆန်) ☎ 01-222 308
 4F, Thiri Mingalar Market (old), Kyeey Myin Daing Kan Nar Rd,
 (Infront of Asia Ward Port), Kyeemyindaing Tsp.
- 12 Eden Palace Hotel** (အိဒင်) ☎ 01-542 826
 356 / 366, Kyaikkasan Road, Tamwe Tsp.
www.edenpalaceyangon.com
- 13 Hotel V.A.N** (ဒီ.အေ.အမ်) ☎ 01-531 198
 91 A, Bayint Naung Road, Hlaing Tsp.
 Email: hotelyanyangon@gmail.com
- 14 Agga youth Hotel** (အဂ္ဂါယု) ☎ 01-225460
 86, 12th street (middle block), Lanmadaw Tsp.
www.aggayouthhotel.com
- 15 Mother Land Inn** (မာမာလန်) ☎ 01-291 343
 433, Lower Pazundaung Road, Pazuntaung Tsp.
www.myanmarmotherlandinn.com
- 16 Hotel Kan Yeik Thar** (ကန်ယိတ်ထာ) ☎ 09-254 377 522
 4, Kan Yeik Thar Road, Mayangone Tsp.
www.hotelkty.com
- 17 Great Feel Hotel** (ဂရိတ်ဖီ) ☎ 01-657 933
 384, Wireless Lane (1), Kabaraye Pagoda Road, Mayangone Tsp.
www.greatfeelhotel.com
- 18 Family Treasure Inn** (ဖမ်လီထရီဇာ) ☎ 01-244 533
 93, 13th Street (Middle Block), Lanmadaw Tsp.
www.familytreasure-inn.com
- 19 Hotel Bahosi** (ဘီဟိုစီ) ☎ 01-223 587
 63-64, Bahosi Housing Estate, Lanmadaw Tsp.
www.hotelbahosi.com
- 20 Tadar Guest House** (တဒါ) ☎ 01-255 649
 278/300, (3C), Mahabandoola Garden Street, Kyauktada Tsp.
myanmartravelinformation.com SEE MAP (ON PAGE 42)



Health Blessing

- * Facial Treatment - 1hr-15,000ks
- * Thai Foot Massage - 1hr-8,000ks / 2hrs-15,000ks
- * Thai Body & Foot Massage - 2hrs-15,000ks
- * Thai Foot & Head & Shoulder Massage - 2hrs-15,000ks
- * Thai Herbal Massage - 1hr-13,000ks
- * Aromatherapy Oil Massage - 1hr-13,000ks / 1½hrs-19,000ks
- * Jet lag Massage - 1hr-13,000ks / 2hrs-25,000ks
- * Body Scrub Spa - 2hrs-50,000ks
- * Manicure - 5,000ks
- * Pedicure - 5,000ks



No.63, 19th Street (Lower Block),
Between Strand Road & Maha Bandoola Road,
Chinatown, Latha Township, Yangon.
Tel : 09 4250 28756, 09 2529 52662
Email : Healthblessing.yangon@gmail.com

Mon ~ Sat
10:00 ~ 24:00
Sunday
17:00 ~ 24:00

AFTER 10 MASSAGE SESSIONS,

GET 1 HOUR FREE

Health Blessing

FOOT OR BODY MASSAGE



i
**TOURIST MAP OF
YANGON CHINA TOWN**



HOTELS IN YANGON

★★★★★

Sedona Hotel: 1, Kabar Aye Pagoda Rd., Yankin Tsp. ☎ 01-566 900

Vintage Luxury: 6, Botahtaung Jetty, Botahtaung Tsp. ☎ 01-9010 555

The Strand Hotel: 92, Strand Rd., Kyauktada Tsp. ☎ 01-243 333

★★★★

Hotel Parami: 2, Parami Road, Mayangone Tsp. ☎ 01-658 118

Summit Parkview: 350, Ahlone Rd, Dagon Tsp. ☎ 01-211 888

Inya Lake Hotel: No. 37, Kaba Aye Pagoda Rd, Mayangone Tsp. ☎ 01-966 2866

Savoy: 129, Cor; of Inya Rd & Dhamazedi Rd, Bahan Tsp. ☎ 01-526 305

Sky Star Hotel: 51/B1, East Race Course Rd, Tamwe Tsp. ☎ 01-860 4225

★★★

Yangon Int'l Hotel: 330, Ahlone Rd., Dagon Tsp. ☎ 01-229 229

Central Hotel: 335-337, Bogyoke Aung San St, Pabedan Tsp. ☎ 01-241 001

Panorama Hotel: 294/300, Pansodan St, Kyauktada Tsp. ☎ 01-253 077

Hotel Yangon: 91/93, Pyay Rd, 8 mile Junction, Mayangone Tsp. ☎ 01-667 708

Excel Treasure Hotel: 520, Kaba Aye Pagoda Rd., Bahan Tsp. ☎ 01-559 150

Orchid Hotel: 91, Cor; of Anaryahtar Rd & Botahtaung Pagoda Rd. ☎ 01-399 930

Avenue 64 Hotel: 64 (G), Kyaikwine Pagoda Rd, Mayangone Tsp. ☎ 01-656 912

Golden Butterfly Hotel: 12, Bocho St., Bo Cho Ward, Bahan Tsp. ☎ 01-541 981

Shwe Gon Daing Hotel: 273/A, Shwe Gon Daing Rd, Bahan Tsp. ☎ 01-552 585

Business Alliance Hotel: 126/A, Dhama Zedi Rd, Bahan Tsp. ☎ 01-524 851

Grand Royal Hotel: 369, Maha Bandoola Garden St, Kyauktada Tsp. ☎ 01-241 951

Green Hill Hotel: 12, Pho Sein Rd, Tamwe Tsp. ☎ 01-209 299

MK Hotel: 1, Wut Kyaung St, Yay Kyaw, Pazundaung Tsp. ☎ 01-297 274

★★

Thamada Hotel: Near Thamada Cinema Hall, Dagon Tsp. ☎ 01-243 640

Mingalar Garden: 30, Inya Myaing Rd., Bahan Tsp. ☎ 01-513 725

Olympic Hotel: 60 National Swimming Pool, Dagon Tsp. ☎ 01-243 130

Myanmar Life Hotel: 41, Kyan Khin Su Block, Mingalardon Tsp. ☎ 01-664 483

Yuzana Hotel: 130, Shwegondaing Rd., Bahan Tsp. ☎ 01-543 370

City Golf Resort Hotel: 136 Thirimingalar Rd., Insein Tsp. ☎ 01-641 763

City Star Hotel: 169-171, Mahabandoola Garden St, Kyauktada Tsp. ☎ 01-370 923

Hotel Glory: 574, Lower Kyimyindyne St, Kyimyindyne Tsp. ☎ 01-700 393

Clover Hotel: 217, 32nd St (Upper Block), Pabedan Tsp. ☎ 01-377 720

Hotel Pho Sein: 67-B, Pho Sein St; Bo Cho (2)Qr; Bahan Tsp. ☎ 01-545 489

★

The Ambo Hotel: 7, Sayasan Rd, Bahan Tsp. ☎ 01-543 162

Bliss Hotel: 14, Phone Gyi Rd, Lanmandaw Tsp. ☎ 01-211 126

Crystal Palace Hotel: 219, Shwegondaing Street, Bahan Tsp. ☎ 01-543 421

Eastern Hotel: 194/196, Bo Myattun St., Pazundaung Tsp. ☎ 01-293 815

Yoma Hotel: 146, Bogyoke Aung San Street, Pazundaung Tsp. ☎ 01-299 243

Guest House, Inn, Motel & Hostel

Royal Star Hotel: 321, Mahabandoola Garden St, Kyauktada Tsp. ☎ 01-388 551

Pickled Tea: 311, Myaynigone Zay Street, Sanchaung Tsp. ☎ 09 250 903 363

Humble Footprints: 4-A, Thukha Street, Sanchaung Tsp. ☎ 01-1222 587

100 Moon: 50 (C-4), Natmauk Lanethwe (1), Bahan Tsp. ☎ 01-545 780

Westend Guest House: 788/E/F, BogyokeAungSan Rd. ☎ 01-223 425

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CLOTHING
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HANDICRAFTS
JEWELRY

SHOPPING IN YANGON



OPEN - CLOSE

RECOMMENDED

20

Studio Square ☎ 01-557448

34/36, 1st Floor, Bldg (A), Pearl Condo, Kabaaye Pagoda
<http://www.studiosquaregallery.com>



21

Mr. Kyi & K ☎ 01-534927

No. 84, Thanlwin Road, Bahan Tsp.



22

Augustine's Souvenir ☎ 01-504290

23 (A) Attiyar St. (Thirimingalar St.) Kamaryut Tsp.
www.augustinesouvenir.com



23

Pole Star ☎ 09-515 9720

0234, 2nd Floor, Excel Shopping Mall, Shwe Gondaing,
Kabar Aye Pagoda, Bahan Tsp.



RECOMMENDED

SEE MAP ON PAGE 24,25.

✓

Anawmar Gallery ☎ 700446

18A Thukhawaddy Rd, Sooniram Park, YKK.



✓

Inya Art Gallery ☎ 524818, 524 327

50B, Inya Road, Kamaryut Tsp, Yangon.



✓

River Gallery ☎ 243 377

92, Strand Road, Yangon.



✓

KZL Art Gallery ☎ 09 - 533 3518

184/84(A), Than Lwin Road, Shwe Taung Gone, Bahan Tsp.



✓

Shwe Shines Gems ☎ 548832

005, Building-B, New University Avenue Rd



✓

Shwe Minthemi ☎ 544 500

30 A, Pyay Road, (7 Mile), Mayangone Tsp.



✓

The Lady Gems ☎ 01 - 230 5800

Shop (1), No.7, Inya Road, Kamaryut Tsp.



✓

MANAWMAYA ☎ 01-549 612

527, New University Avenue, Bahan Tsp.



✓

SP Gems & Jewellery ☎ 660 397,654 399

30 A, Pyay Road, (7 Mile), Mayangone Tsp.



✓

Green Heaven ☎ 01 - 240 966(Ext:421)

6G, G/F, North Wing, Bogyoke Market, Pabedan Tsp.



✓

Precious Jewellery ☎ 666 900

Sedona Hotel, No.1, Kabar Aye Pagoda Road.



✓

See Sain Shin ☎ 01 - 240 966 (Ext:534)

36, Two Layer Building, Bogyoke Market, Pabedan Tsp.



✓

Treasure Art Gallery ☎ 01-526 776

84-A, Thanlwin St, Golden Hill Avenue, Golden Valley, Bahan Tsp.



✓

Hinnthar Art & Gallery ☎ 537 833

No. 42/A, Inya Myaing Road, Bahan Tsp.



✓

Green Heaven ☎ 01 - 240 966 Ext.421

No.6 G/F, North Wing, Bogyoke Market, Pabedan Tsp.



✓

Fashion Euphoria ☎ 01-552 633

Junction Square No.1, F-129, 1st Floor, Kyun Taw St, Kamaryut Tsp.



✓

Lotus Shop ☎ 01-211 888 (Ext:172)

Shop(2), Summit Parkview, Ahlone Rd, Dagon Tsp.



✓

Jasmine Phyu ☎ 01-661 762

No. 56 (A), Kabaraye Pagoda Rd, Yankin Tsp.



✓

Shwe Zin (Chin Traditional) ☎ 09-513 9511

No. Pa (133, 1st Floor, Mingalar Zay, Mingalar Taung Nyunt Tsp.



✓

Thai Silk ☎ 09-862 4344

No.45, Pyay Rd, Dagon Tsp.



✓

Shwe Kan Kaw ☎ 01-243 562

No. 181, West Wing, Bogyoke Aung San Market, Pabedan Tsp.



myanmartravelinformation.com



ENTERTAINMENT IN YANGON

CULTURAL
GOLF CLUB
DISCO/CLUB
BAR
KARAOKE

Karaweik Hall ☎ 290 546 Floating in Kandawgyi Lake.		
Htwe Oo ☎ 959-512-7271 (24hr) No. 1(2), Yama Street, Ahlone Township.		
Pun Hlaing Golf Estate ☎ (01) 684 020 Pun Hlaing Golf Estate Hlaing Tharyar Tsp.		
Yangon Golf Club ☎ (01) 635 563 Kha Yae Pin St, Da Nyin Gone Ward, Insein Tsp.		
City Farm & Golf Resort ☎ (01) 247 775 City Farm & Golf Resort (J Do), Taikkyi Township.		
Club Pioneer ☎ (01) 248 944 Ahlone Road, Yangon International Hotel.		
The Music Club ☎ (01) 250 388 33 Alan Phya Rd, Dagon Township.		
Dagon bar pub billiard ☎ (01) 211 888, 211 966 Ahlone Road, Summit Parkview Hotel, Dagon Township.		
Sport Bar ☎ (01) 704 428 No. 20, Pa Le Road, Bahan Tsp.		
DJ's Bar ☎ (09) 511 6767 Dusit Inya Lake Hotel Compound 37 Kabar Aye Pagoda Rd.		
Zero Zone Beer Garden ☎ (01) 240600 Top Floor, 2 Thain Gyl Zay, C Block.		
M3 ☎ (01) 526916, 247325, 244884 Shwe Gon Daling (West) St., Bahan Sports Ground.		
The Ritz Exclusive Lounge ☎ (01) 544 500 CHATRIUM HOTEL ROYAL LAKE, Ground Level, Tamwe Tsp.		



MUSEUMS IN YANGON

NATIONAL MUSEUM [Entrance fee: 5000 Ks] 66/74 Pyay Road, Dagon Township, Yangon. Tel: 01 371 540.	
MYANMAR GEMS MUSEUM [Entrance fee: FREE] 66 Kaba Aye Pagoda Road, Mayangone, Yangon. Tel: 01 665849, 665115	
BOGYOKE AUNG SAN MUSEUM [Tue to Sun] [Entrance fee: 3USD] No.15, Bogyoke Museum Lane, Bahan Tsp.	
U THANT MUSEUM [Tue, Thu, Sat and Sun] 31, Panwa Road, Kamaryut Tsp.	
MEMORIAL TO FALLEN HEROES [Entrance fee: 3000 Ks] [Tue-Thu] Northeast of Martyr's Mausoleum, Singottara Hill (North slope) Shwe Dagon Pagoda.	



MEDITATION CENTERS

International Theravada Buddhist University: Tel: 01 665 673 Dhammapala Hill, Mayangone, Yangon. http://www.itbmu.org.mm
Mahasi Sasana Yeiktha: Tel: 01 541 971, 552 501 16, Sasana Yeiktha Road, Yangon 11201. http://www.mahasi.com
Chanmyay Yeiktha: Tel: 01 661 479, Fax: 01 667 050 55A Kaba Aye Pagoda Road, 11061. http://www.chanmyay.org
Panditarama ShweTaungGon: Tel: 01 535 448, 01 705 525 80A, Than Lwin Road, 11201 Yangon. http://www.panditarama.net
Shwe Oo Min Dhamma Sukha Forest: Tel: 01 638 170, 638 294 Aung Myay Thar Yar Street, Kon Tala Paung Village, Mingalardon Township

Parami - 01 560885, 400435, 657291
Shwe Man Thu - 01 560885, 400435
Gandamar - 01 657291, 09 73008441
Sakura - 01 566109, 5057208

TAXI IN YANGON



Flying Swallow Transport - 09 73243361
Yaung Ni Oo - 09 49228222, 420152480
Best Of Two - 09 420046434, 01 8619033
Fine Forest - 09 7325666, 09 73062222

INTERNATIONAL AIRLINES

DRAGON AIR (KA) ☎ 01-255 321
AIR ASIA (FD) ☎ 01-251 885/6
AIR INDIA (AI) ☎ 01-253 601
CONDOR (DE) ☎ 01-370 836
AIR CHINA (CA) ☎ 01-666 112
SILK AIR (MI) ☎ 01-255 279
MAI (BM) ☎ 01-255 260
MALAYSIA AIRLINES (MH) ☎ 01-387648
BANGKOK AIRWAYS (PG) ☎ 01-255112
VIETNAM AIRLINES (VN) ☎ 01-255 066
AIR BAGAN (W9) ☎ 01-505 222
THAI AIRWAYS (TG) ☎ 01-255 499
AUSTRIAN ☎ 01-700 894
JET STAR ☎ 09-421 116 661
NOK Air ☎ 01-255 050

DOMESTIC AIRLINES



ASIAN WINGS (AW) ☎ 01-516 654
AIR MANDALAY (6T) ☎ 01-501 520
MANN YADANARPON ☎ 01-515 261~4
YANGON AIRWAYS (YH) ☎ 01-383 100
AIR KBZ (K7) ☎ 01-373 774
AIR BAGAN (W9) ☎ 01-504 888
GOLDEN MYANMAR ☎ 01-860 4035
APEX AIRLINE ☎ 01-533 300

POLICE & INFORMATION



Tourist Information: (01) 371910, 374281
Immigration: (01) 249216
Police: 199
Tourist Safety Police: (01)376166,642742,549209
Airport (Yangon) 01-662811
Railway (Enquiry) 01-201555
Highway Bus Station 01-640469

HEALTHCARE SERVICES



Asia Royal Hospital 14, Baho Road, Sanchaung Tsp. ☎ 01-538 055
Pun Hlaing Hospital Pun Hlaing Golf Estate Aven ☎ 01-684 323
Victoria Hospital 68, Taw Win St, 9 Mile, Mayangone Tsp. ☎ 01-966141
Smart Dental Clinic 418, 1st Floor, Shwebontha St ☎ 09-51-83685

EMBASSIES IN YANGON



Australia ☎ 01-251 809, 251 810
Bangladesh ☎ 01-515 275
Canada Contact Australian embassy.
China ☎ 01-221 280
France ☎ 01-212 523, 212 532
Germany ☎ 01-548 951
India ☎ 01-282 933
Indonesia ☎ 01-254 465, 254 469
Israel ☎ 01-515 155
Italy ☎ 01-527 100
Japan ☎ 01-649 644, 549 645
Malaysia ☎ 01-220 249
Nepal ☎ 01-545 880
Netherlands Contact German embassy
New Zealand Contact UK embassy
Philippines ☎ 01-6558 149~151
Sri Lanka ☎ 01-222 812
Sweden ☎ 01 539 901, 511 256
Switzerland Contact German embassy
Thailand ☎ 01-533 082, 512 017
UK ☎ 01-380 322
USA ☎ 01-536 509
Switzerland ☎ 01-534 754



USEFUL PHRASES

English (Myanmar) pronunciation
 good day (မင်္ဂလာပါ) *mingalar-par*
 how are you? (နေကောင်းလား) *nay-kong-lar*
 thank you (ကျေးဇူးပါ) *chay-zoo-par*
 sorry (တောင်းပန်ပါတယ်) *tong-pan-par-del*
 how much? (ဘယ်လောက်လဲ) *bel-louk-lei*
 where? (ဘယ်မှာလဲ) *bel-mar-lei*
 where is the toilet? (အိမ်သာ ဘယ်မှာလဲ) *eain-thar bel-mar-lei*

Meal

breakfast (မနက်စာ) *ma-net-sar*
 lunch (နေ့လည်စာ) *nay-lel-sar*
 dinner (ညစာ) *nya-sar*
 snack (မုန့်) *moant*

Food

beef (အမဲသား) *ah-mel-thar*
 pork (ပုစိန်သား) *wet-thar*
 chicken (ကြက်သား) *kyet-thar*
 fish (ငါး) *ngar*
 sea food (ပင်လယ်စာ) *pinlei-sar*
 vegetarian (သက်သတ်လွတ်) *pinlei-sar*
 bread (ပေါင်မုန့်) *paung-moant*

Dishes

boiled (အပြုတ်) *pyoke*
 fried (အကြော်) *kyaw*
 steamed (ပေါင်း) *paung*
 BBQ (အသားကင်) *ah-thar-kin*

Places

English (Myanmar) pronunciation
 airport (လေဆိပ်) *ley-seit*
 bus station (ကားဂိတ်) *car-gate*
 clinic (ဆေးခန်း) *sey-kann*
 embassy (သံရုံး) *thun-yone*
 guest house (တည်းခိုခန်း) *tell-ko-khan*
 hospital (ဆေးရုံ) *sey-yon*
 hotel (ဟိုတယ်) *hotel*
 jetty (သင်္ဘောဆိပ်) *thin-baw-sake*
 market (ဈေး) *zey*
 police station (ရဲစခန်း) *yel-sakhan*
 post office (စာတိုက်) *sar-dike*
 railway station (ဘူတာရုံ) *bootar-yone*
 restaurant (စားသောက်ဆိုင်) *sar-thauk-sine*
 toilet (အိမ်သာ) *eain-thar*

Drinks

water (ရေသန့်) *yay-thant*
 juice (ဖျော်ရည်) *pyaw-yay*
 beer (ဘီယာ) *beer*

Tableware

spoon (စွန်း) *zoon*
 fork (ခက်ယင်း) *khet-yin*
 knife (ဘီး) *dah*
 cup (ခွက်) *kwet*
 plate (ပန်းကန်ပြား) *pagan-pyar*
 bowl (ပန်းကန်လုံး) *pagan-lone*

Numbers

English = Myanmar
 0 (ဝ) *thon-nya*
 1 (၁) *tick*
 2 (၂) *hnit*
 3 (၃) *thone*
 4 (၄) *lay*
 5 (၅) *ngar*
 6 (၆) *chauk*
 7 (၇) *kon-nit*
 8 (၈) *shik*
 9 (၉) *ko*
 10 (၁၀) *ta-sel*
 100 (၁၀၀) *ta-yar*
 1000 (၁၀၀၀) *ta-htaung*
 2000 (၂၀၀၀) *hnit-htaung*
 3000 (၃၀၀၀) *thone-htaung*
 5000 (၅၀၀၀) *ngar-htaung*
 10,000 *ta-thaung*
 100,000 *ta-thein*

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