

# Useful Calls



Ambulance (Red Cross) 392029  
 Customs 253046  
 Immigration 282715, 384994, 384995  
 Police (Emergency) 199  
 Yangon Region 245455  
 Police Station (Nay Pyi Taw) 067-414224  
 Traffic Investigation Branch 640668  
 Traffic Control Branch 298651  
 Tourist Information 252859, 378376  
 Tourist Information (Airport) 662652  
 Airport Information 533030~9

**TELEPHONES**

Enquiry (Inland) 100  
 Enquiry (Overseas) 130  
 Booking(Inland) 101  
 Booking(Overseas) 131/657555/657999  
 Complaint (for all) 102, 106

**TELEGRAPHS**

Enquiry & complaint 370692

**TELEX (INTERNATIONAL)**

Complaint 371693

**MINISTRIES**

- Ministry of Agriculture and Irrigation 067-410010  
 - Ministry of Commerce 067-408002  
 - Ministry of Communications, Post and Telegraphs 067-407158  
 - Ministry of Construction 067-407584  
 - Ministry of Co-operatives 067-410030  
 - Ministry of Culture 067-408032  
 - Ministry of Defence 067-469090  
 - Ministry of Education 067-407116  
 - Ministry of Electrical Power No.1 067-411083  
 - Ministry of Electrical Power No.2 067-410207  
 - Ministry of Energy 067-411060  
 - Ministry of Finance & Revenue 067-410046  
 - Ministry of Foreign Affairs 067-412335

- Ministry of Forestry 067-405004  
 - Ministry of Health 067-411298  
 - Ministry of Home Affairs 067-412318  
 - Ministry of Hotels and Tourism 067-406454  
 - Ministry of Immigration & Population 067-404026  
 - Ministry of Industry No.(1) 067-408066  
 - Ministry of Industry No.(2) 067-405320  
 - Ministry of Information 067-412323  
 - Ministry of Labour 067-404339  
 - Ministry of Livestock Breeding & Fisheries 067-408051  
 - Ministry of Mining 067-409001  
 - Ministry of National Planning & Economic Development 067-407023  
 - Ministry of Progress of Border Areas & National Races Development Affairs 067-409023  
 - Ministry of Railways Transportation 067-405034  
 - Ministry of Religious Affairs 067-406008  
 - Ministry of Sport 067-406038  
 - Ministry of Science & Technology 067-404451  
 - Ministry of Transport 067-411038/411040  
 - Ministry of Social Welfare, Relief & Resettlement 067-404021  
 - Nay Pyi Taw City Development Committee 067-414753  
 - Yangon City Development Committee 01-370982

**MYANMAR HOTELS & TOURISM**

-Enquiry 252859/282243/254417

**TRIES RADIO, TV AND NEWSPAPER**

-MRTV 527122/527119  
 -The New Light of Myanmar 392223  
 -The Mirror 299427, 292830

**WEATHER FORCAST ENQUIRY**

-Nay Pyi Taw 067-411252  
 -Yangon 01-667766



# GOLDEN VALLEY Art Centre

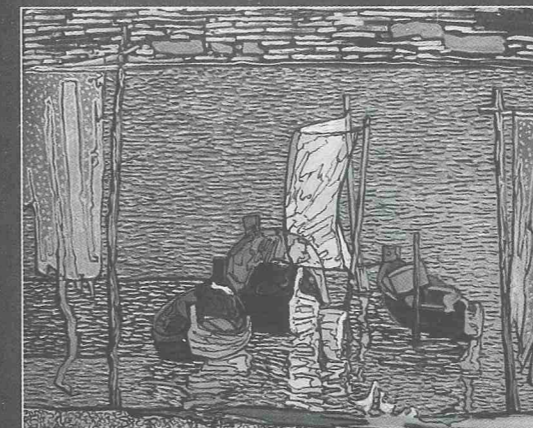
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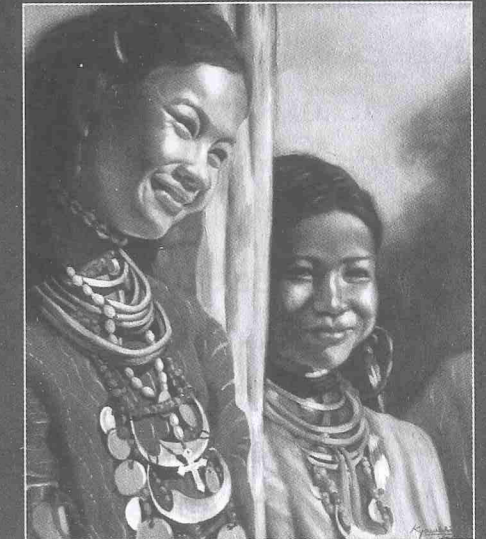
Myoe Win Aung



Thit Mon Oo



Mg Win Cho



U Kyaw Win



Hlaing Bwa

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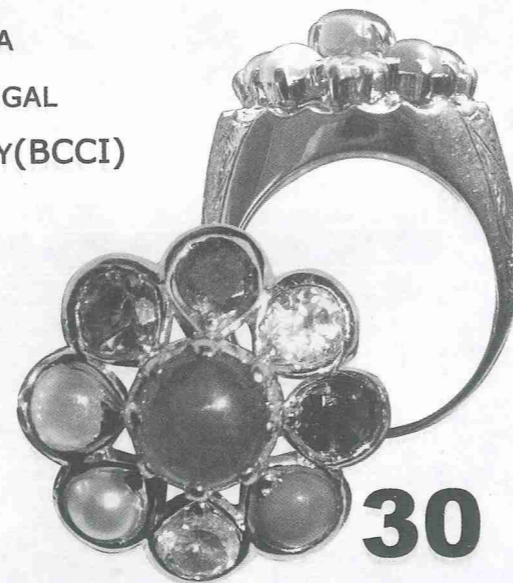
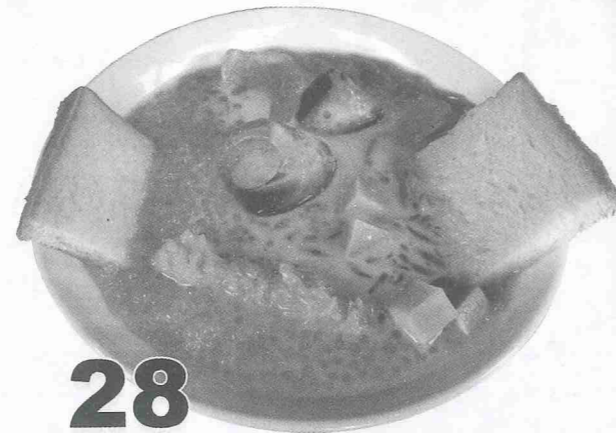
E-mail: gvaltcentre@myanmar.com.mm

www.gvmyanmarartcentre.com

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EDITOR-IN-CHIEF  
Dr Tha Tun Oo

EDITOR  
Wah Wah Swe

ASSISTANT EDITOR  
Nu Nu Mai

ADVERTISING SECTION  
Saw Wunna Kyi (Manager )  
Soe Min Htike

ART SECTION  
Yan Naing, Zar Lin Htet

COVER PHOTO  
TODAY

PRODUCTION SECTION  
Aung Moe

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Master, Sein

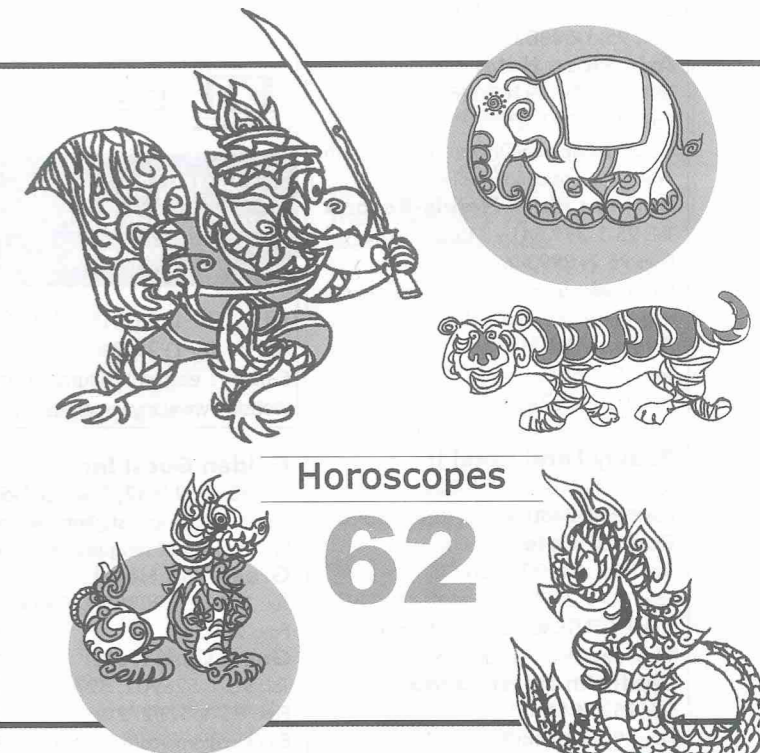
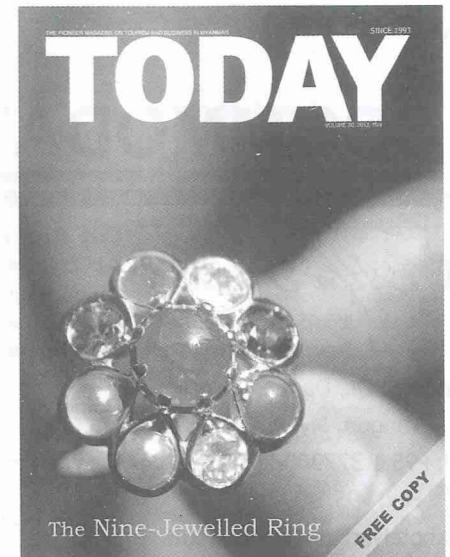
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Fax: (95-1) 507390 E-mail: today@today.com.mm

f : Todaymgz Myanmar

BRANCH :

No 4 , 26<sup>th</sup>-B Street, (BET: 78<sup>th</sup> Street & 79<sup>th</sup> Street)  
Meeyahta Teik Tan, Chan Aye Thar Zan Tsp, Mandalay.  
Tel: 09-73243269, 09-91027524

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# Weather Outlook for May 2013

Sr No	States/Divisions	Towns/Cities	Maximum Temperatures (°C)	Minimum Temperatures (°C)	Mean Temperature (°C)	Humidity(%) 09:30 hrs MST 18:30 hrs MST	Rainy Days
1	Kachin	Myitkyina	32.5	22.2	27.4	72/67	11.5
2	Chin	Hakha	25.4	13.8	18.6	66/64	10.0
3	Southern Shan	Taunggyi	27.0	17.1	22.0	68/66	11.3
4	Southern Shan	Inlay	26.0	19.6	22.8	70/68	11.2
5	Eastern Shan	Kengtung	32.2	21.1	26.6	73/60	12.8
6	Eastern Shan	Tachileik	32.9	17.8	25.3	74/79	12.2
7	Rakhine	Myaukoo	35.4	23.1	29.3	75/71	8.6
8	Rakhine	Ngapali	33.9	23.9	28.9	72/73	10.3
9	Mandalay	Bagan	37.9	26.9	32.4	55/44	4.1
10	Mandalay	Popa	35.2	25.3	30.8	67/54	7.4
11	Mandalay	Mandalay	37.4	26.0	31.7	63/55	7.6
12	Yangon	Yangon	33.8	25.2	29.5	73/74	12.6

**Myanmar Waters** : Sea will be slight to moderate in Myanmar waters with waves reaching 1-3 feet high.

**Bay Inferences** : Weather will be partly cloudy to cloudy in south Bay of Bengal and Andaman Sea and the southwest monsoon is like to advance into southern Myanmar area on 2<sup>nd</sup> week, into Deltaic area on 3<sup>rd</sup> week and into the central and northern Myanmar on 4<sup>th</sup> week and end of May.

**Wind (Speed /Direction):** S or SW 15-20 knots and at times (25-30 knots)

**Special features** : A low pressure area, which may develop further into a depression, is expected in the south Bay of Bengal. Thundershowers associated with lightning and thunder will occur in the whole country especially during afternoon and late evening. Moderate to rough seas with occasional squalls of wind speed reaching 30-40 mph are expected in Myanmar waters.

**Prepared by** : Dr. Tun Lwin, Former DG of DMH, Founder of Myanmar Climate Change Watch

### American - Myanmar Friendship Musical Show



The first-ever American-Myanmar Friendship Musical show, participated by National University of Arts and Culture and Oklahoma City-based Kyle Dillingham & Horseshoe Road band, was held 1-4-2013 at National Theatre in Myoma School Road, Yangon.

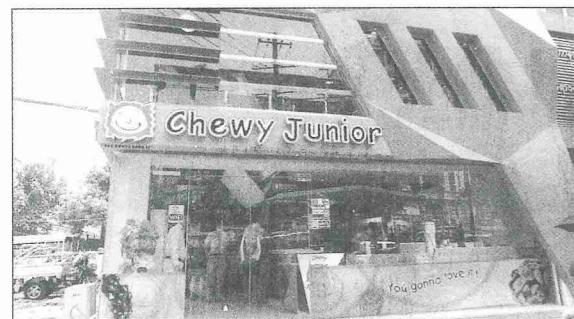
American band leader Kyle Dillingham remarked, "This chance to entertain for mutual friendship, a veritable historic milestone at that, is quite exciting to us. We really take pride in the fact that ours is the first band representative of the U.S to give performances here."

### THAI Smile starts operation with an introduction to the media

THAI smile, a Business Unit of THAI international Airline, has recently opened its Bangkok-Mandalay-Bangkok route at the Mandalay international Airport, followed by an introduction to press at Mandalay Hill Resort hotel. This TG781 flight, with "Smile Plus" Business class and "Smile" Economy class, will be serviced five times a week. For details visit [www.thaismileair.com](http://www.thaismileair.com).



### The Chewy Junior opens



A new Chewy Junior freshly Backed Chewy Cream Puff outlet opened on 30-3-2013 at the corner of 47<sup>th</sup> street and Anawrahta Road. It boasts varieties of coffee and Fresh Juice, Italian Soda, Ice Cream, Liquor Coffee and Cocktails. Chewy Cream Puff and other raw materials are acquired direct from Singapore and Delivery Service is on offer.

### Sale of MYOB Accounting Software Launches

On 5-4-2013 it was made known at UMFCCI that the sale of MYOB Accounting Software has launched, accompanied by talks on its usefulness to SMEs.

Emergent services Co Ltd, No. 429/437, first Floor, corner of Theinbyu Road and Merchant Street, has been appointed Authorized Distributor since 23-1-2013 by MYOB Asia Zone so that it may sell MYOB Accounting Software (Full Version) as licensed software in Myanmar.

LCCI students and accounting professionals in Myanmar are familiar with MYOB software as they have learnt computerized accounting through it.



Emergent services will give help in the installation MYOB Computerized Accounting and the training of accountants in their initial work.

### Yangon ICT Fair 2013



Yangon ICT Fair 2013 went on from March 22-24, 2013 with great crowds at Tatmadaw Convention Centre. Like years in the past, this fair with more than 60 booths had brand computers and mobile phones and

their accessories, not to say latest innovations, on show and on sale, accompanied by promotion and lucky draws for customers Education opportunities were a subject of much inquiry too.

## Newly opened More & More Gold & Jewellery Showroom



A new showroom of More & More Gold & Jewelry was opened 23-3-2013, in commemoration of which a lucky Draw (everyone a winner) was held for customers old and new who chose to buy Kyat 50000 plus worth

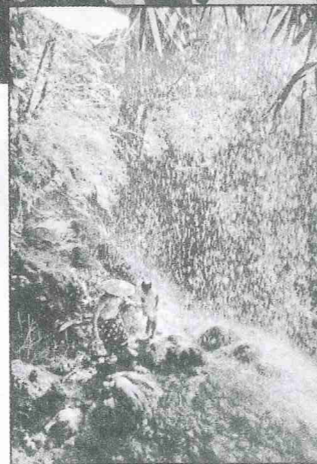


of goods. Each winner got a platinum necklace, pendant, bracelet, or ring. More & More showroom 1 lies at No. 46 Bogyoke Market and Outlet 2 at No 01-04, ground floor, Lanmadaw Plaza, mid block of Lanmadaw Street. 📍

## MPS exhibition of winning photos and talks show



The anniversary photo exhibition, competitions and talks of the Myanmar Photographic Society was held from 18-20.3-2012 at Central Hotel, Yangon. Entries in the pictorial (b & w), Pictorial (colour), Model, and computer enhanced categories numbered 136, 211, 132 and 171 respectively. The Best photographer 2012 was won by Zaw Min (GTS) AMPS, APPS competing in pictorial (colour) category. Talks under different titles were given by U Pe Myint Oo, U Kyaw Kyaw Win, Bagyi Soe Moe, A1 Thein Htut, U Kyaw Win (Hla Gon Yi), and U Htain Win over the event days. 📍



## Star City housing development

SPA Project Management Pte Ltd, a division of Singapore-based Yoma Strategic Holdings Ltd, and Dragages will in co-operation build a total of 1043 flats in star city zone B in Thanlyin, Myanmar.

At an estimated cost of USD 94 million the project will begin towards the end of April, 2013. Dragages Singapore Pte Ltd is a member of Bouygues Construction Group, which in turn is a subsidiary of Bouygues S.A represented in Euronext Paris, also known as Paris Stock Exchange. 📍

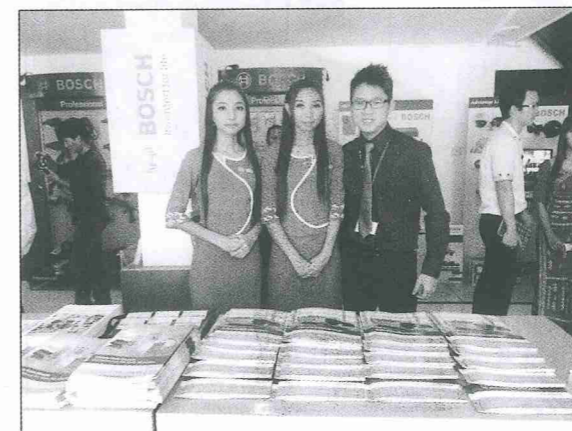


## Bosch Company's Representative office

Bosch company's Representative office has been opened on 5-3-2013 at the corner of Chawdwingone Road and Parami Road so that the company might gain a stable market for distribution of its products in Myanmar and train the locals in their use.

On the occasion Martin Hayes of

Bosch spoke about prospective mutual benefit between Bosch and Myanmar market economy, to be followed by German ambassadors' remarks that Bosch's innovative technologies could help uplift the momentum of Myanmar's economic development. 📍



# MYANMAR TRADITIONAL FOOD (Shwe Yin Aye)

Easy do-it-yourself recipe for Myanmar snack\_traditional delicacy.

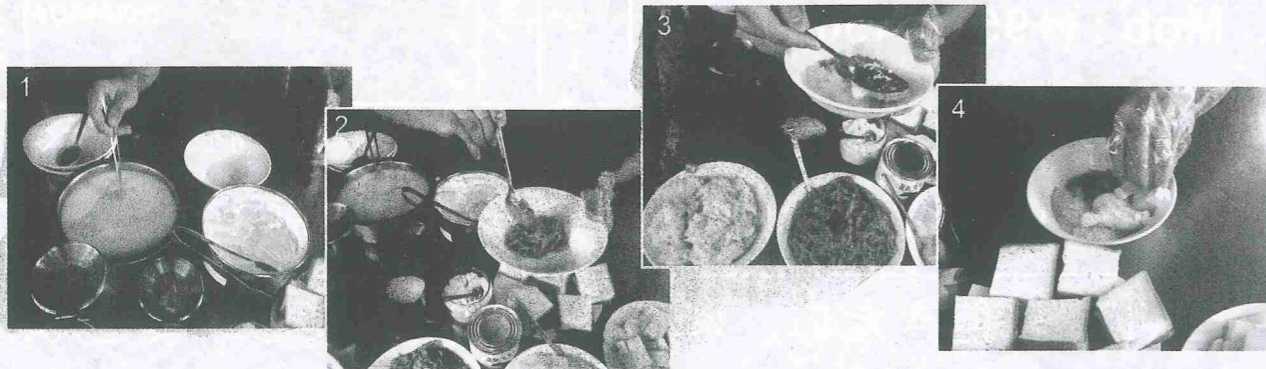


**Ingredients:**

- Mont Let Saung - 2 table spoon
- Sago (Tapioca) - 2 table spoon
- Coconut -milk jelly - moderate amount
- Steamed sticky rice (steamed to tender) - moderate amount
- Coconut milk - 1 table spoon
- Sugar (in liquid) - 4 table spoon
- Salt - moderate amount
- Bread - half loaf
- Tinned evaporated milk - moderate amount
- Ice - moderate amount

**How to do it**

Mix a underate amount of coconut-milk jelly, some salt and sugar.  
First put mont let saung in a bowl in which Shwe Yin Aye is to be made.



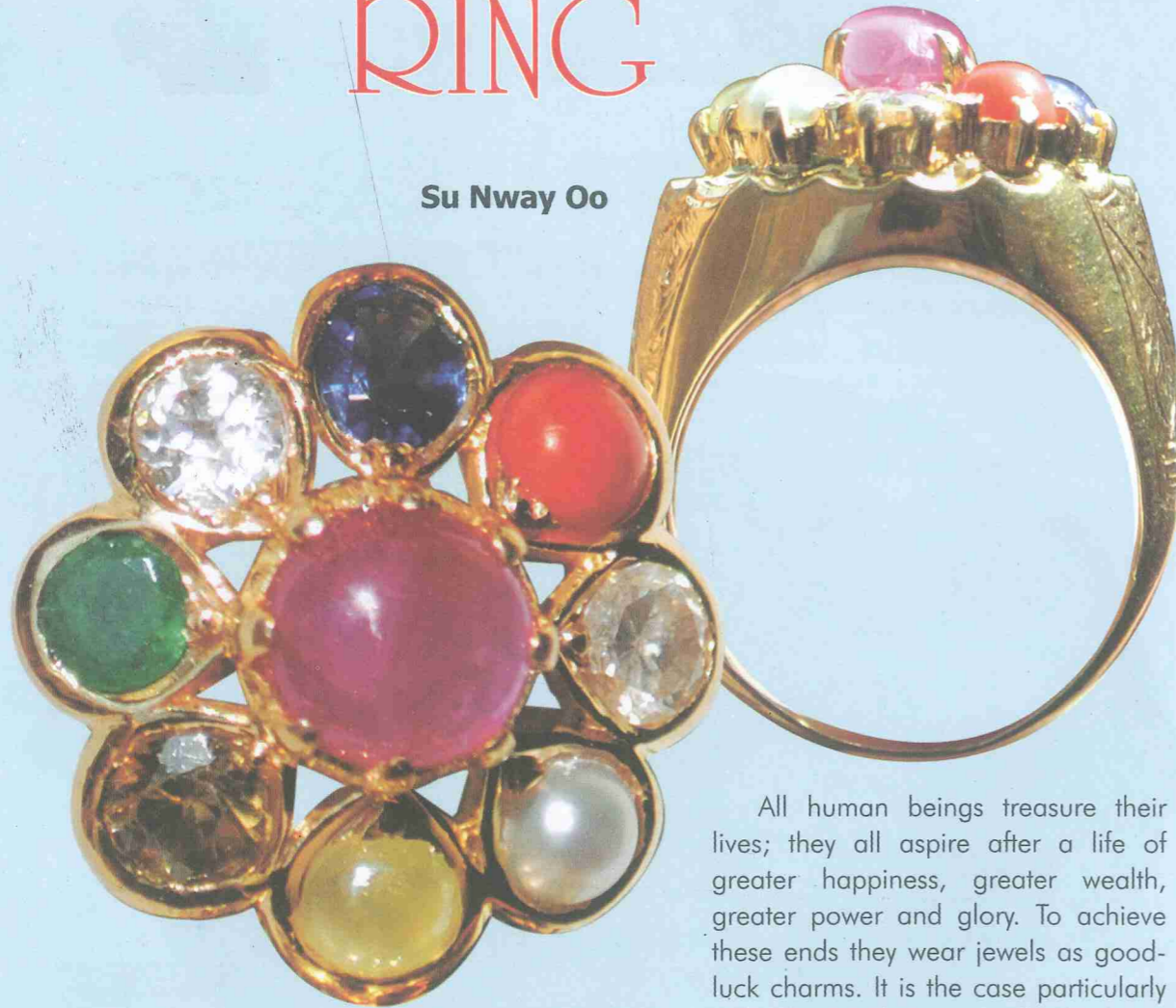
Then put sago and steamed sticky rice.  
Then put coconut-milk mixed with sugar water.  
Now put bread.  
Then ice, It's now for you and your friends to enjoy Shwe Yin Aye, that delicious snack of Myanmar. 🇲🇲



Many thanks to 'Feel Myanmar Food' for the recipe.

# THE NINE - JEWELLED RING

Su Nway Oo



All human beings treasure their lives; they all aspire after a life of greater happiness, greater wealth, greater power and glory. To achieve these ends they wear jewels as good-luck charms. It is the case particularly with those who can afford charm jewels of various kinds — mostly those varieties Myanmars call nawarat, the Nine Varieties of jewels. Each of the Nine has its own power and charm, as a treatise on gems and jewels called Manishattara says:

Ruby makes for power;  
Emerald for calm and tranquility;  
Diamond makes for glory;  
Cat's eye makes for accomplishment and fulfilment;

Sapphire makes for love and affection;  
Garnet makes for strength and vitality;  
Topaz makes for health and vigour;  
Coral makes for headship and leadership;  
Pearl makes for magnificence and grandeur;

Wearing the Nine jewels as charms dates back to the days of Ratanabon Era kings. They were then worn by members of the royal family and palace officials, not by common people who could not afford them or who were just afraid to wear them.

Nowadays a great number of people have begun to wear Nine-jewelled (nawarat) finger-rings as charm rings. The way they are worn must be systematic, even the way they

are laid out in setting: coral must be placed in the northeast, diamond in the east, pearl in the southeast, Cat's eye in the south, garnet in the southwest, emerald in the west, Topaz in the northwest and sapphire in the north; ruby, which is regarded as king of jewels, must be set right in the centre that represents the position of the ninth planet.

The Nine-jewelled ring should be worn, with the emerald kept as closest to one's side of the ring as possible and the diamond as farthest away as possible for the wearer to receive the cooling and calming effect of the emerald and the support and protection of the diamond whose iridescent rays, like arrowheads, are believed to possess the power of withstanding or warding off danger.

Some goldsmiths of run-of-the-mill type, making a Nine-jewelled ring, would make a bad job of it, while those goldsmiths who are knowledgeable about the technical difficulties

it entails would be cautious in undertaking such a job. In the first place, the nine jewels have to be laid out on a clean, white piece of cloth in a methodical arrangement. The treatise Manishattara says a lighted candle must be offered to each jewel as an act of homage, and the jewels must be set with pollen of their matching flowers underneath them: musk (*moschus moschiferus*) and red lotus underneath the ruby; ngwebun (*hedychium spicatum*) and mace underneath the diamond; phonmathain (*ngai camphor*) and kayuthin (*evolvulus alsinoides*) underneath the pearl; kyetmaukni (*cockscomb, celosia argentea*) underneath the Cat's eye; (aloswood, *agalochum*) underneath the topaz; panyin (*khuskhus*) and nanttha (*mille*



Wearing the Nine jewels as charms dates back to the days of Ratanabon Era kings. They were then worn by members of the royal family and palace officials, not by common people who could not afford them or who were just afraid to wear them.



-tia Ovalifera) underneath the sapphire; musk lotus and sandalwood underneath the coral.

To make the ring more potent, setting should be done by those persons who respectively have an astrologically harmonious relationship with the jewels. Setting must coincide with the time when the planets which correspond with the jewels are at their zenith — an event that takes a long wait, often four or five years; however, people are patient enough to wait that long, believing that power of charm can vest only in a ring made in a systematic manner.

Some people wear Nine-jewelled rings as ornaments, others for more success in life and enhanced prestige, and still others for ostentation, taking pride in owning things, rare and precious. Opal, one of the Nine, does not actually exist in Myanmar, and that product of Mogok which people believe to be opal is in fact but a moonstone variety. Genuine opal exists only in mines in Sri Lanka, and has a grey-milky colour like that of puss.

Beliefs regarding charm jewels are widespread not only in Myanmar but also in the west, where selection of charm jewels is made

on the basis of one's day of birth, as follows:

For the Monday-born it is pearl; for the Tuesday-born, coral; for the Wednesday-born, emerald; for the Rahu-born, garnet; Thursday born, topas; for the Friday-born, diamond; for the Saturday-born, sapphire; and for the Sunday-born, ruby.

Also on the basis of one's month of birth, as follows:

For the February-born, kayanzwe; the March-born, myapya; April-born, diamond; May-born, emerald; June-born, pearl; July-born, ruby; August-born, opal; September-born, sapphire, October-born, opal; November-born, the French marigold; and December-born, turquoise.

To sum up, it is obvious that peoples in different parts of the world share the same value and cherished feelings regarding jewels. The people in Myanmar love jewels, and they wear Nine-jewelled rings as charm rings, convinced that they bring good luck. ☸

**Translated by Nyunt Thaug**

Many thanks to Ko Sunny & Ma Mee Nge "Aung Zabu Aye" Jewellery shop for your kind help and letting us take the photo of Nawarat Rings.



# Tourist's Advisory



## MOGOKE

Widely known as Ruby Land or Gems City, about 1,353 km from Yangon or 7 hrs' drive from Mandalay.

### Where to stay and where to dine

Mogoke Hotel.

### Why so special

The town is built round the bank of Myole-in, a large midtown lake in a magnificent valley formed by pagoda-studded mountains, about 2,640 feet above sea-level. Spectacular sights include Chanthagyi Pagoda and Kaunghmudaw Pagoda, which is the same in

shape but much smaller than the pagoda of that name in Sagaing.

Another pagoda standing on the top of the hill is Kyaukpyathat.

Yet another important pagoda to pay homage to if you are a Buddhist, or just to see and study if you are not, is Than-ma-than-bod-daw Pagoda where Buddha Images are kept under lock and key in its basement, richly studded with real rubies and emeralds.

Another sight worth visiting is Pingu-taung or Spider Mountain with its legendary "giant spider keeping watch over the biggest ruby in the world". 🕸

