

MYANMOR

WEEKLY GUIDE

17 - 23 JULY 2015

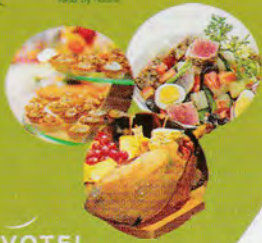


FEATURE:

SOCIAL ENTERPRISE

Made

SUNDAY BRUNCH
12:00 PM - 03:00 PM



5TH FLOOR OF THE HOTEL, 459 PYAY ROAD
CONTACT PERSON: NAING LIN
TEL : +95 (1) 2305858, 09251185989 EMAIL : H9045-FB3@accor.com

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HAPPY HOUR
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Promotion Valid from 1 July to 31 July 2015

Inclusive of Saturday, Sunday

Time from: 8:30am to 11:30am



SI
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Guest Name:
Email:

Mobile No:
Date:

WHAT'S ON

Live Performance | Stage

Don't miss the best LIVE performance at the Piano Bar at the rooftop of Hotel Parami Yangon! Perform by Nwe Yee Min, Than Thar Win, Irene Monica, Cyril, Myat Noe Han, Thar Gyi, Htet Aung and Mark Jason! For reservation call (+95) 1 658 118, (+95) 9 977 955 633.

📍 Hotel Parami Yangon - No.2, Parami Rd, Mayangone Tsp | 🕒 7:00 PM - 2:00 PM

SUNDAY 19TH JULY

Makeup Workshop & Beauty Sharing | Activities

Makeup Workshop & Beauty Sharing sponsored by Clover cosmetics and skincare. They will be holding a very exciting collaboration with Chue's Makeup Of The Day for all our following beauties to learn, share and discover more makeup tips and tricks!

📍 Room D1-B 1st Floor AKK Shopping Mall (near Junction Zawanna), Thingangyun Tsp | 🕒 1:00 PM - 5:00 PM

Bowling Party | Activities

Moe Myanmar Language Centre students will go for bowling. It'll be so much fun; bowling, beer, conversation in both English & Burmese. Feel free to bring your friends along. Welcome to everyone, both local or foreigners! Please call 09-4316 8422, 09-9754 98877 if need help with directions.

📍 Right Track Bowling Centre - U Ba Kyaw St, Lay Daunk Kan Rd (near Tarmwe Bridge) Tarmwe Tsp | 🕒 3:00 PM - 6:00 PM

MONDAY 20TH JULY

Salsa | Activities

Learn some funky Latin moves at Park Royal SALSA! Join the latin extravaganza.

📍 Club 5 (Parkroyal Hotel) - 33, Alan Pya Pagoda Rd, Dagon Tsp | 🕒 FROM 7:00 PM

Mexican Mondays & Trivia Night | Activities

It's Monday, which can only mean one thing. Quiz night and Mexican food at 50th Street! Enjoy Mexican Monday while taking on this week's challenge. Matt is out of town, but his quiz is not. I'll be taking the reigns as MC again for tonight's trivia.

📍 50th Street Bar - 9/13 50th St, Botahtaung Tsp (off Merchant Rd) | 🕒 FROM 8:00 PM

TUESDAY 21ST JULY

Al-Anon Family Group | Activities

Al-Anon is for families, relatives, and friends whose lives have been affected by someone else's drinking. If someone close to you, such as a family member, friend, co-worker, or neighbor, has or has had a drinking problem, Al-Anon or Alateen may help you or your friend. For details: +959 253288829

📍 Acacia - 52 Saya San Rd (down the road from Pearl Condo) | 🕒 FROM 7:00 PM

Yoga - All levels Vinyasa with Jojo | Wellbeing

An energetic form of yoga where they fluidly move from one pose to the next while connecting breath to movement. A well-rounded class that incorporates regular sequences familiar in Hatha and Ashtanga yoga. This is an open level class suitable for all. Drop-in class: \$12. Schedule subject to change.

📍 Yangon Yoga House - Near Ariyamaggin Monastery Yankin Lan Thwe (1), Room 4, Yankin Tsp | 🕒 6:45 PM - 7:45 PM

WHAT'S ON

FRIDAY 17TH JULY

Yangon Echoes Exhibition : Last Day! | Art

A get-together with snacks and drinks. Last chance to catch the exhibition of prints from the book. Prints are for sale by silent auction. Proceeds are being shared with LinkAge. Go check it out, make a bid!

📍 Myanmar Deitta Gallery - No.49, 44th St(Lower Block) | 🕒 10:00 AM - 8:00 PM

Introduction to the Art of Electronics | Educational

Have you always wanted to learn about electronics and experiment with circuits? Go to this month's Maker's Meetup, where you will learn from two experienced electronics engineers who have worked a whole range of projects from wireless communications, to embedded systems.

📍 Phan Dee Yar - 561 Merchant Road, Yangon | 🕒 6:00 PM - 8:00 PM

Night Shelter – New Monthly Club Night | Nightlife

YG presents a new monthly club night: Night Shelter - experiment with different styles and different DJ's. Starting off are DJs Iiwok and DMsquare. Hailing with sounds from Tokyo and New York, the Japanese DJ Iiwok started playing with Belleboys in Yangon around the same time that fab started, so its about time she makes an appearance at a YG party.

📍 J-One Music Bar - Bo Choke St (Near Union Business Centre), Bahan Tsp | 🕒 From 10:00 PM

SATURDAY 18TH JULY

Japanese Film Show | Art

The Embassy of Japan in Myanmar presents Japanese Film Show with English subtitles. The theme of film show this time is "Women". One of the film showing is Turtles Are Surprisingly Fast Swimmers. We hope you all enjoy the films! Admission free. Please bring your ID card to show at the Embassy Gate.

📍 Embassy of Japan - No.100, Natmauk Rd, Bahan Tsp (Beside Union Business Center) | 🕒 FROM 2:00 PM

Drop Down Party | Dining

7,000 Ks – All you can Drink. Retro Bar by Hotel 63 to have the best Saturday ever! They have good cocktails good music, good service and good food. They serve the best Mojitos.

📍 HOTEL 63 - Merchant Road Between 62nd & 63rd street, Botahtaung Tsp | 🕒 FROM 6:00 PM

ONE: Kingdom of Warriors | Sport

Fight fans will be treated to a night of world-class mixed martial arts action including a battle between current ONE Bantamweight World Champion, Bibiano "The Flash" Fernandes and a Finland's Toni "Dynamite" Tauru. EXCLUSIVE 40% Discount. Order your ticket via Viber: +658112364 or email: J.TAN@ONEFC.COM with the subject title MyanmarXONE, stating your name and ticket category and number of tickets. Full Red Carpet and cagedside experience for VIPs at 200,000 Ks and others at 50,000 /25,000 /10,000 Ks.

📍 Thuwana Indoor Stadium - Wai Za Yan Tar St | 🕒 FROM 6:00 PM

Gekko is ONE (Birthday Party) | Nightlife

Celebrate with Gekko at their 1st birthday! July 18th at Gekko! Gekko is ONE. Free flow on selected drinks from 18.30 till 19.30! Featuring DJ Bay Tar.

📍 Gekko - 535, Merchant St, Kyauktada Tsp (same building with Lokanat Galleries) | 🕒 FROM 6:30 PM

SEDONA
YANGON



BLOSSOMING BEGINNINGS

Step into the newly renovated Sedona Hotel Yangon and be enchanted by 'Blossoming' at the Lobby Lounge by Italian artist Michele Righetti, a blooming impression of exquisite lotus variety, Padonma Kyar.

The Lobby Lounge provides an elegant and relaxing ambience for coffee and cocktails. Tea connoisseurs will be delighted by the chic Dilmah t-series designer gourmet tea. A multi-lingual live band, 5 Mates, performs current chart-topping hits, evergreens and R&B in the evenings.

+95 1860 5377 sedonahotels.com.sg [fb.com/sedonaHQ](https://www.facebook.com/sedonaHQ)

No. 1 Kaba Aye Pagoda Road, Yankin Township
Yangon, Myanmar

WHAT'S ON

WEDNESDAY 22ND JULY

Breakfast Talk Legal and Compliance | Business

Business Law and regulations are sometimes obscure for Managers in Myanmar. Luther Corporate Services, the Corporate Services arm of Luther Lawfirm, will give a presentation about Legal and Compliance in Myanmar. US\$10 for members and US\$15 for non-members. Register via communication@ccifrance-myanmar.org

📍 Parkside One - 271-271 Bagayar St, Sanchaung Tsp | 🕒 8:00 AM - 10:00 AM

Girls Night Out | Nightlife

Meet your besties, sip a complementary cocktail while enjoying the groovy tunes of our resident DJ Mr.Y! Free cocktail 8pm to 9pm.

📍 Mojo - 135 Inya Rd, Bahan Tsp (Opposite Savoy Hotel) | 🕒 FROM 8:00 PM

WEDNESDAY 22ND - 25TH JULY

Auto Expo Myanmar 2015 | Business

Myanmar's way forward is opening with three great trade shows that will match growth needs with the best tech offered by 130 exhibitors from 13 countries. They warmly invite you and your colleagues to visit these 3 made-for-Myanmar shows! Activities include pre-show press conference, opening ceremony, trade meetings, seminars or product launches.

📍 Myanmar Event Park - Shin Saw Pu Rd, Sanchaung Tsp (near Myay Ni Gone City Mart) | 🕒 10:00 AM - 5:00 PM

THURSDAY 23RD JULY

Beginner/Prenatal Yoga with Jojo | Wellbeing

A gentle yoga class focusing on simple, foundational sequences and fewer standing postures. Strong emphasis on breath work and hip openers as well as postures to help women gain and maintain strength and flexibility during pregnancy. Drop-in class: \$12. Schedule subjected to change.

📍 Yangon Yoga House - Near Ariyamaggin Monastery Yankin Lan Thwe (1), Room 4, Yankin Tsp | 🕒 11:00 AM - 12:00 PM

Cheese & Wine Frenzy | Dining

Cheese & Wine Frenzy every Thursday at the Lab. 10% Discount on the Wine by bottle and on the platter if ordered together.

📍 The Lab Bar - 70A Shwegondaing Rd, Bahan Tsp (Shwegondaing Junction) | 🕒 FROM 5:30 PM

Food & 80's Music Night | Dining

Union Bar & Grill presents great gastro pub food and 80's music night with DJ Bay Tar every Thursday night starting from 7 pm onward.

📍 Union Bar - 42 Strand Rd (Same building as Red Cross by Strand Rd) | 🕒 FROM 7:00 PM

DISCLAIMER

Information as of 14th July 2015. The events' time and date may change without notice. For more updated information please check <http://myanmar.com/yangon/calendar/>

FEEL GOOD... FIRST!



Happy hours 11:00 - 15:00 Mon-Fri only!

FIRSTTHAISPA.COM | FACEBOOK.COM/FIRSTTHAISPA



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MON-FRI: 11:00 - 23:00

SAT-SUN: 10:00 - 23:00

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7 MILES, PYI TU STREET
01 650 319 | 09 7312 1455

VINTAGE LUXURY

YACHT HOTEL

WEEKEND BUFFET DINNER

🍷 European 🍷 Pan Asian 🍷 Indian 🍷

🍷 FRIDAY 🍷 SATURDAY 🍷 SUNDAY 🍷

25USD Net September 2015 7:00PM LIVE PERFORMANCE

On Going July
KEBAB FESTIVAL
at Fervor Restaurant

Coming Soon!
August
BEER & BBQ

No. 6, Botahtaung Jetty, Near Botahtaung Pagoda, Seikkan Township, Yangon, Myanmar.
Tel.: (951)9010532 ~ 35, 9010555, Fax: 951-9010536
Email: info@vintageluxuryhotel.com, www.vintageluxuryhotel.com

NEW OPENINGS



KFC MYANMAR

Brands together with Yoma Strategic Holdings Ltd. has brought KFC's first restaurant to Myanmar. KFC will be among the first handful of quick service restaurants to enter Myanmar. It also has unbelievable prices!

📍 No. 375, Bo Gyoke Aung San Road, Pabedan Township, Yangon
🕒 10:00 AM - 7:00 PM



OVEN FRESH MYANMAR

This new Oven Fresh store carries with it a whole new range of international breads such as Farmer's Bread and Dark Sour Rye among others while retaining some of their signature favorites like Chicken Steam Bun and Puffs.

📍 No.42, Corner of Yaw Min Gyi Street and Bo Yar Nyunt Street, Dagon Township, Yangon
🕒 7:00 AM - 9:00 PM



SAIGON BAGUETTE AND CAFÉ

In Vietnamese, 'baguette' is called Bánh Mi, or literally translated as 'cake of wheat' or bread in English. Menu available in Saigon Baguette and Cafe included: Baguette with Pork BBQ (Best Seller), Chicken, Meatball, Pork ham and Stick baguette with Chicken Liver Pate and Mayonnaise, Egg Baguette and Vegetarian baguette. For drink, a must have Vietnamese Iced Coffee with Condense Milk.

📍 11a Nawaday Street, Dagon Township, Yangon
🕒 7:30 AM - 7:30 PM



CHA THAI

Thailand's largest and most popular Thai Milk Tea chain is here in Myanmar! Apart from sweetening with condensed milk, Cha Tra Mue's topped off their milk tea with evaporated milk to enhance the tea aroma and creaminess.

📍 Sein Gay Har Super Centre, Pyay Road, Yangon
🕒 9:00 AM - 9:00 PM

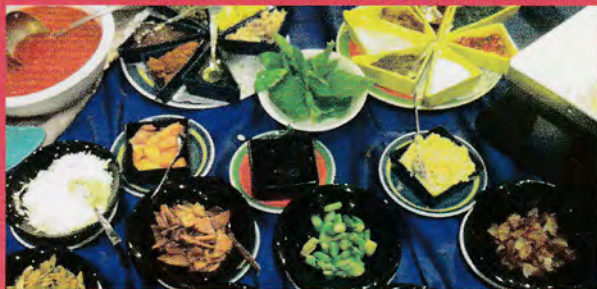


GONG CHA MYANMAR

"Gong Cha" is an act of offering supreme quality teas to the Emperor in ancient China. Today, Gong Cha treat all their customers as royal family and will only serve the best quality tea and beverages to you.

📍 No(268), Dagon Centre 2, Level 3, Pyay Road, Myay Ni Gone Ward, Sanchaung Township, Yangon
🕒 9:00 AM - 9:00 PM

REVIEW



PASTA NIGHT AT ORZO RESTAURANT IN THE SEDONA HOTEL

BY GEORGIA GRAHAM

WHAT IS IT?

In need of a mid-week feast? For \$US28 you can get your carb fix plus a whole lot more at Orzo's Wednesday buffet. Given the name, it's no surprise there's mountains of pasta on offer, some homemade and others imported, but there is also a diverse array of cold sides, salads, soups and tantalizing desserts, and even a carving for all you meat lovers out there.

ATMOSPHERE

The hotel as a whole is in the middle of a makeover as the Sedona tries to keep up with a rapidly changing city, but Orzo hasn't benefitted from this yet. While they've had a go at an Italian rustic chic, the restaurant still ends up feeling decidedly hotel lobbyish. That said, when we were there it was fairly full and had a good buzz to it due to all the fantastic food filling up the entire centre of the room.

RECOMMENDATIONS

If you don't fancy any of the many pre-made pastas dishes from the buffet there is a mix and match 'pasta station' where you can choose any ingredients you fancy, and see them thrown together in front of you, with either a carbonara or a tomato sauce base.

The salad station, producing greenery on demand, was also a particular highlight. Specialising in varieties of Caesar salad we were greatly impressed. We had ours with deep-fried soft shell crab, it was well dressed with a creamy tangy dressing and the leaves were beautifully fresh.

Elsewhere some of the cold sides are excellent, most notably the octopus and asparagus salad, and the barbecued seafood skewer, which hosts prawn, squid and a melt-in-the-mouth piece of white fish. There is an excellent free-flow of margherita pizza. There's a small selection of cheese and cold cuts, and some decent bread to enjoy them with.

FINAL THOUGHTS

Definitely a great treat mid-week although it could do with a glass of wine or two being included in the price.

PRICES

Buffet is US\$28, a glass of house wine is US\$8.

No. 1, Kaba Aye Pagoda Road, Yankin Township, Yangon
+95 1 8605377

SOCIAL ENTERPRISE



Linkage

SOCIAL ENTERPRISE: RESTAURANTS & CAFÉS

BY YOON WAI WAI AUNG

Food brings people together, food makes us feel content, but food can also do so much more than that! Here are some Social Enterprise restaurants and cafés in Yangon, which work hard to give opportunity to those who seem to be left behind.

■ LINKAGE

Serving Chinese and Burmese food, this quaint little restaurant is run by a non-governmental volunteer group that helps street kids by giving them training in food and beverage. There's a small table that sits on the balcony and it offers a great view of the bustling street life below.

📍 141, Selk Kan Thar Street, 1st Floor, Lower Block, Between Mahar Bandoola and Merchant Street, Kyauktada Township, Yangon
☎ 09 49583618, 09 43052916

🕒 Monday to Saturday: 11:00 AM - 2:00 PM and 4:00 PM - 10:00 PM,
Sundays: 4:00 PM - 10:00 PM

■ WTC CAFE

Recently opened. You'll find gourmet coffee from drip to Dutch coffee here. They are also a barista training school and sells both local and imported coffee beans.

📍 Building E, Pearl Condo, Bahan Township, Yangon
☎ 09 30609951

🕒 Daily 9:00 AM - 8:30 PM

■ GENIUS COFFEE

A coffee for a good cause, Genius Coffee has its own plantation in the Shan highlands and supports the Danu community by providing them with training on how to harvest coffee that meets international standards.

📍 220, 31st Street, Upper Block, Pabedan Township
☎ 01 373375, 09 5154095

🕒 10:00 AM to 7:00 PM



Shwe Sa Bwe

Photo: Hong Sar

■ SHWE SA BWE

Shwe Sa Bwe is essentially a training school for underprivileged local kids. The trainees, under the watchful eyes of master Chefs, learn all aspects of a fine dining restaurant. The cuisine they whip up is phenomenal.

📍 Malikka Road, Near American Club, Mayangone Township

☎ 01 661983

🕒 12:00 AM - 3:00 PM and 6:30 PM - 9:00 PM (Closed on Mondays)
(Sunday Lunch Closed) (July and August Closed)

■ YANGON FOOD TOURS

Yangon Food Tours provides a flavorful food experience for visitors while encouraging nutrition excellence in the local community.

Contact information: Yangon Food Tours

☎ 09 2617 67338 | yangonfoodtours@gmail.com

■ YANGON BAKE HOUSE

Yangon Bakehouse is a social enterprise that supports disadvantaged women by providing them with the skills necessary in to sustain their livelihood. In addition to a freshly brewed coffee, they also serve sandwiches, cakes and bakeries.

📍 Pearl Condo, Block C, Ground Floor, Kabar Aye Pagoda Rd, Yangon

☎ 01 557 448 ext. 818

📍 30 Inya Road (The same lane as Inya Hotel), Kamayut Township, Yangon

☎ 09 977117932

🕒 7:00 AM - 5:00 PM



Yangon Bake House

Photo: Hong Sar

For a complete guide, please visit:

<http://mynamore.com/yangon/2015/07/social-enterprise-restaurants-cafe/>

GALLERY



Yangon's First
Darkwave and
Gothic Night @
Pansodan Scene
11 July 2015

Photos by pt@images



Yangon Echoes
Chat Day
12th Jul 2015

Photos by pt@images

